

Diabetes Assessment Tool

Self- Management Checklist

Topic	Task	Date of Mastery	Nurse	Student	Parent/Guardian
Blood Glucose Monitoring	Student is able to check blood glucose level and use control solution if available				
	Student is able to accurately fill out daily glucose log				
Carbohydrate Counting	Student can identify examples of carbs that will quickly raise blood glucose level				
	Student can identify carb content of various foods				
Insulin	Student can identify sites for injection and displays awareness of rotations				
	Student can calculate correction dose and carbohydrate coverage				
	Student is able to place needle on insulin pen and select correct dose				
	Student administers insulin (needle under skin for a minimum of 5 seconds)				
Hyperglycemia	Student is able to describe signs and symptoms of elevated blood glucose				
	Student understands frequency of administration to reduce elevated blood sugar				

Diabetes Assessment Tool

Self- Management Checklist

	Student can identify when ketones should be checked				
	Student can identify next steps if ketones are present				
Hypoglycemia	Student is able to describe signs and symptoms of low blood glucose				
	Student can identify what level is considered low				
	Student can explain steps to treat low blood glucose (rule of 15)				
Pumps	Student is able to (mock) demonstrate a change to the pump site				
	Student demonstrates correct procedure to add blood glucose level and carbohydrate amount and administer bolus				
Additional Procedures	Student is able to self-manage on short field-trip with appropriate staff oversight (parent permission required)				
	Student is able to list supplies needed to manage diabetes while at school				
	Student consistently carries medical ID and can communicate condition effectively				
	Student is able to list names and phone numbers for family members in the event of an emergency				