

DUVAL COUNTY PUBLIC SCHOOLS
PREPARED IN CONJUNCTION WITH THE DEPARTMENT OF HEALTH IN DUVAL COUNTY
COMMON DISEASES AND CONDITIONS

Disease/Condition	Definition	Signs and Symptoms	Implications for School
Abscess/Boil	A bacterial infection of the skin.	Symptoms may include: redness, swelling, and tenderness in the area. There may also be drainage of thick, yellow pus.	No exclusion required. Lesions must be covered with a clean dressing when draining.
Campylobacter* (Campy)	An infectious disease caused by bacteria.	Symptoms may include: diarrhea (may be bloody), fever, and abdominal cramps. The diarrhea may be accompanied by nausea and vomiting.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Chicken Pox	A highly contagious disease caused by the varicella-zoster virus	Symptoms may include: Small, raised blisters, containing clear fluid. Eruption usually starts around the head and neck area and spreads to the rest of the body.	Exclude students and staff with the disease. May return after all blisters have formed scabs. A healthcare provider's note may be requested.
Conjunctivitis (Pink Eye)	An inflammation of the thin, clear tissue that lines the inside of the eyelid (conjunctiva) and the white part of the eyeball.	Symptoms may include: red, sore, watery eyes, swelling of eyelids, thick yellow or white drainage from eyes.	Exclude students and staff with the disease. May return after eyes have cleared or with a note from the healthcare provider.
Creeping Eruption (Cutaneous Larva Migrans)	A parasitic skin infection.	Symptoms may include: characteristic corkscrew lesions, which causes a snake-like track with severe itching.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Cryptosporidiosis* (Crypto)	A parasitic disease that causes watery diarrhea.	Symptoms may include: loose or watery stool, stomach cramps, fever, nausea, or vomiting.	Exclude students and staff with the disease. May return if they are fever and diarrhea free for 24 hours without the use of anti-diarrheal and/or fever reducing medication.
E. coli	A group of bacteria that normally live in the intestines of children and adults. A few strains of E. coli bacteria can cause food-related illnesses.	Symptoms may include: diarrhea (may be bloody), fever, abdominal pain, vomiting.	Exclude students and staff with the disease. Must have a healthcare provider's note to return.

*Contact FL Department of Health School Health Office at 904-253-1580

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Fifth Disease	A mild viral illness.	Symptoms may include: rash that appears mostly on arms, legs, cheeks; face appears flushed. Pale area around mouth.	Exclude for fever. May return when fever free for 24 hours without the use of fever reducing medication.
Giardiasis (Giardia)	A diarrheal disease caused by a microscopic parasite.	Symptoms may include: watery diarrhea, abdominal pain, bloating, excess gas.	Exclude students and staff with the disease. May return when they are diarrhea free for 24 hours without the use of anti-diarrheal medication.
Hand, Foot, and Mouth Disease	A common contagious childhood virus.	Symptoms may include: fever, reduced appetite, sore throat, and painful sores in the mouth. A skin rash on the palms of the hands and soles of the feet may also develop over one or two days as flat, red spots, sometimes with blisters. The rash may also appear on the knees, elbows, buttocks or genital area.	Exclude students and staff with the disease. May return when they are fever free for 24 hours without the use of fever reducing medication and blisters have formed scabs and are dry.
Head Lice	A parasitic insect that can be found on the head, eyebrows, and eyelashes of people.	Symptoms may include: scratching and itching of scalp.	Exclude students and staff with head lice. May return to school after all head lice have been removed from the hair. Please review lice policy.
Hepatitis A*	A highly contagious liver infection caused by the hepatitis A virus.	Symptoms may include: fever, loss of appetite, nausea, abdominal pain, jaundice (whites of the eyes and the skin becomes yellow). Dark colored urine.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Hepatitis B*	A liver infection caused by the Hepatitis B virus (HBV).	Symptoms may include: gradual onset, fever, loss of appetite, nausea, abdominal pain, jaundice (whites of the eyes and the skin becomes yellow). Dark colored urine.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Herpes Simplex (Cold Sore/Fever Blister)	A highly contagious viral infection.	Symptoms may include: fever blisters on face, mostly around the lips.	No exclusion required unless fever.

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Impetigo	A bacterial skin infection.	Symptoms may include: red, raised, sores on skin. May drain yellow fluid and gradually form honey colored scabs.	Exclude students and staff with the disease. Must have a healthcare provider's note to return. Affected area(s) must be covered.
Influenza	A contagious viral illness.	Symptoms may include: fever, chills, headache, sore throat, cough, aching muscles.	Exclude students or staff with the disease. May return when they are fever free for 24 hours without the use of fever reducing medication.
Measles-Rubeola* (Regular)	A highly contagious viral illness.	Symptoms may include: fever, cold-like symptoms, eyes watery and sensitive to light, cough, red rash that begins on face and behind ears.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Measles-Rubella* (German Measles)	A highly contagious viral illness.	Symptoms may include: generalized red, blotchy rash with low grade fever or cold symptoms. Glands behind ears often swell.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Meningitis	An inflammation (swelling) of the protective membranes covering the brain and spinal cord.	Symptoms may include: headache, stiff neck, nausea, fever.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Meningococcal Meningitis*	A bacterial infection that infects the lining of the brain and spinal cord and may cause bloodstream infections.	Symptoms may include: fever, headache, vomiting, stiff neck and rash.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Methicillin Resistant Staphylococcus Aureus (MRSA)	An antibiotic resistant (Methicillin) bacterial infection.	Symptoms may include: red bumps, pus-filled boils or abscesses, fever, tiredness, pain and swelling of the joints or bones.	Exclude students and staff with the disease. Must have a healthcare provider's note to return. Affected area(s) must be covered while in school.
Molluscum Contagiosum	A skin disease caused by a virus, somewhat similar to warts	Symptoms may include: small flesh colored bumps on the skin. Often with a tiny, hard, indented, seed like center.	No exclusion required.

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Mononucleosis	A common viral illness.	Symptoms may include: fever, sore throat, swollen neck glands.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Mumps*	An infectious viral disease.	Symptoms may include: fever, swelling of the salivary glands, usually the gland in front of the ear at the angle of the jaw.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Norwalk Virus (Norovirus)	A highly contagious viral illness.	Symptoms may include: diarrhea, vomiting, headache, stomach pain, fever.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Pertussis* (Whooping Cough)	A highly contagious respiratory disease.	Symptoms may include: low grade fever, rapid coughing followed by a high pitched "whoop" sound.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Pin Worms	A parasitic disease caused by a small, thin, white roundworm that sometimes lives in the colon and rectum of humans.	Symptoms may include: itching during the night around the anal area.	Exclude students or staff with the disease. May return after note from parent, nurse, or healthcare provider establishes that student is under treatment.
Ringworm (scalp)	A common skin infection that is caused by a fungus.	Symptoms may include: scaly, itchy, red, circular bald spot.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Ringworm (body, groin, nails, feet)	A common skin infection that is caused by a fungus.	Symptoms may include: red, flat, round, ring-shaped lesions; redness and cracking of skin between toes.	Exclude students or staff with the disease. May return after note from parent, nurse, or healthcare provider establishes that student is under treatment. Area must be covered while at school, if wet or oozing.
Salmonella*	A bacterial infection.	Symptoms may include: diarrhea, fever, nausea, abdominal pain, stomach cramps.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.

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Scabies	An infestation of the skin by a tiny mite.	Symptoms may include: tunnel-like lesions that itch intensely.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Scarlet Fever	An infectious bacterial disease.	Symptoms may include: fever, headache, sore throat, "strawberry tongue." Generalized rough, red rash with later peeling of the skin from the fingers and toes.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Shigella* (Diarrhea)	A diarrheal disease caused by bacteria.	Symptoms may include: diarrhea, fever, stomach pain.	Exclude students and staff with the disease. May return when they are diarrhea free for 24 hours without the use of anti-diarrheal medication.
Strep Throat	An infection in the throat and tonsils caused by bacteria.	Symptoms may include: sore throat, headache, fever.	Exclude students or staff with the disease. Must have a healthcare provider's note to return.
Tuberculosis* (Diagnosed as Active)	A bacterial infection that primarily affects the lungs.	Symptoms may include: weakness, loss of appetite, weight loss, fever, chills, night sweats, cough.	Exclude students or staff with the disease. Must have a healthcare provider's note to return or upon the recommendation of the Florida Dept. of Health in Duval County – TB Program.

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