



# PUBLIC HEALTH FACT SHEET

## IMPETIGO

Dear Parent:

This is to bring to your attention that a case of Impetigo has been reported for a student in your child's classroom and to provide you with information about this disease. If your child exhibits any of the symptoms described below, it is recommended that you consult your healthcare provider or the Department of Health in Duval School Health Program at 904-253-1580.

### **What is Impetigo?**

- A common skin infection caused by streptococcal or staphylococcal bacteria

### **What are the symptoms of Impetigo?**

- Small, red pimples or fluid filled blisters with crusted yellow scabs
- Most often on the face, but may be anywhere on the body

### **How is Impetigo spread?**

- Direct contact with an infected person
- Indirect contact with contaminated surfaces
- Germs enter an opening on skin (ex. cut, insect bite, burn) and cause oozing, leading to honey-colored crusted sores
- Occurs year-round, but most common in warm weather in cut and scraped skin

### **How is Impetigo treated?**

- Prescribed topical or oral antibiotics
- Cut and clean fingernails
- Keep covered until healed
- Clean and sanitize surfaces
- Wash contaminated clothing daily

### **How can Impetigo be prevented?**

- Good, thorough hand washing
- Clean and sanitize surfaces

### **Implications for school**

- Exclude students or staff
- Must have a healthcare provider's note to return
- Sores must be covered while in school

Resources:

Centers for Disease Control and Prevention:  
[www.cdc.gov](http://www.cdc.gov)

American Academy of Pediatrics:  
<https://healthychildren.org/English/health-issues/conditions/abdominal/Pages/FoodPoisoning-and-Food-Contamination.aspx>

Attachment E-XIV