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**SCABIES
SCREENING
PROGRAM**

According to the Centers for Disease Control and Prevention, scabies is a very contagious skin condition caused by mites. The rash is extremely itchy and may affect various areas of the body. Scabies can affect anyone regardless of age, gender, or personal hygiene. It is usually spread by skin-to-skin contact with a person who has scabies. Scabies can sometimes spread by sharing items such as clothing, towels or bedding.

Signs and Symptoms:

Common signs and symptoms include intense itching and a pimple like skin rash that may affect various areas of the body, such as between the fingers, elbows, armpits and waist.

Treatment:

Scabies should be treated with a topical cream which can be prescribed by a health care provider. All clothes, bedding and towels should be washed in hot water and dried in a hot dryer or dry cleaned. Items that cannot be washed should be stored in a sealed plastic bag for at least 72 hours. The home should be thoroughly cleaned and vacuumed.

Return to School:

Once treated, the student may attend school. However, the rash and itching may persist for 1 - 2 weeks.

The Duval County School Board and Duval County Health Department personnel have jointly agreed on the following standard system-wide procedure for control of scabies:

Responsibility of School Principals

- Detect cases of scabies via reports from teachers or parents.
- Contact the parent of the student found at school with scabies.
- Send the "Scabies Fact Sheet Letter" (Attachment E-XXX-I) to all students in classrooms where scabies has been discovered. If scabies is discovered in two or more classrooms, send this letter to parents of all students in the school.
- Readmit the student who had scabies, when they have a letter from a health care provider or the Department of Health in Duval County stating that the student has been treated.

Responsibility of Department of Health in Duval County

- Demonstrate and participate in direct inspections at schools where necessary.
- Provide advice about treatment of scabies.
- Provide treatment and medication for indigent students as necessary.
- Respond to requests from principals for assistance and/or advice for unusual problems.

Responsibility of Parents

- Provide letter from health care provider or Department of Health in Duval County.

How to Examine for Scabies

Common Symptoms of Scabies are:

- Itching (worse at night)
- Rash

Look at:

- ① **Hands**
look between fingers, palms, wrists
- ② **Elbows**
- ③ **Back**
look between shoulder blades
- ④ **Armpits**
- ⑤ **Waist**
look at belt line all the way around
- ⑥ **Knees**

(Wear gloves for each examination and change gloves between each exam.)

Look for: *Scabies can look like one of the following:*

A. Pustule and Pimple-Like Lesions



B. Rash



C. Burrow Lesions (less commonly found)



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