<table>
<thead>
<tr>
<th>Date</th>
<th>K-8 Cafe Breakfast</th>
<th>Date</th>
<th>K-8 Cafe Breakfast</th>
<th>Date</th>
<th>K-8 Cafe Breakfast</th>
<th>Date</th>
<th>K-8 Cafe Breakfast</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/01</td>
<td>Chicken &amp; Waffle</td>
<td>10/02</td>
<td>Apple Cinnamon Oatmeal</td>
<td>10/03</td>
<td>Mini Pillsbury Bagels with Cinnamon Cream Cheese</td>
<td>10/04</td>
<td>Cheese Grits &amp; Jennie-O Turkey Sausage</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10/06</td>
<td>Waffles</td>
<td>10/07</td>
<td>Breakfast Pizza</td>
<td>10/08</td>
<td>Breakfast Banana Split: Fresh Banana topped with Yogurt &amp; Granola</td>
<td>10/09</td>
<td>Mini Kellogg Maple Pancakes</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10/15</td>
<td>French Toast Sticks</td>
<td></td>
<td>Egg Strata</td>
<td>10/16</td>
<td>Whole Grain Turkey Bacon Scramble</td>
<td>10/17</td>
<td>Yogurt Bar: Vanilla Yogurt with Choice of Fruit &amp; Granola</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10/22</td>
<td>Egg &amp; Cheese Bagel Topper</td>
<td>10/23</td>
<td>Low Country Breakfast Bowl: Cheesy Scrambled Eggs, Tater Tots &amp; Grits</td>
<td>10/24</td>
<td>Half Sunbutter &amp; Jelly Sandwich</td>
<td>10/25</td>
<td>Breakfast Banana Split: Fresh Banana topped with Yogurt &amp; Granola</td>
</tr>
<tr>
<td></td>
<td>Fresh Apple</td>
<td></td>
<td>Seasonal Fresh Fruit</td>
<td></td>
<td>Peach Cup</td>
<td></td>
<td>Pineapple Cup</td>
</tr>
<tr>
<td></td>
<td>100% Apple Juice</td>
<td></td>
<td>100% Orange Pineapple Juice</td>
<td></td>
<td>100% Grape Juice</td>
<td></td>
<td>100% Orange Juice</td>
</tr>
<tr>
<td></td>
<td>Choice of Milk</td>
<td></td>
<td>Choice of Milk</td>
<td></td>
<td>Choice of Milk</td>
<td></td>
<td>Choice of Milk</td>
</tr>
</tbody>
</table>

**PANTRY ITEMS AVAILABLE DAILY**

- Assorted Cereal
- Assorted Scratch-Made Muffins
- Assorted Danimals® Yogurt
- Cheddar Cheese Stick
- Graham Crackers

**Vegetarian**  **Local**  **Scratch Made**  **Clean Label**

Go to duvalschools.nutrislice.com to learn more about these menu item designations.

**Student Price: FREE**

A complete breakfast includes a choice of entrée (includes a source of grains or grains/protein), choice of two fruit side dishes, and a choice of milk. A reimbursable breakfast must include 1/2 cup fruit. Milk choices include 1% white and fat free chocolate. All grains are whole grain rich. An incomplete meal will result in the charge of a la carte pricing. This institution is an equal opportunity provider.
# October 2018

## Pre-K Breakfast

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Main Entrees</td>
<td>Main Entrees</td>
<td>Main Entrees</td>
<td>Main Entrees</td>
<td>Main Entrees</td>
</tr>
<tr>
<td>Chicken &amp; Waffle</td>
<td>Cinnamon &amp; Brown Sugar</td>
<td>Cinnamon Cream Cheese</td>
<td>Cheesy Grits</td>
<td></td>
</tr>
<tr>
<td>Sides for All Meals</td>
<td>Oatmeal</td>
<td>Cheese Stuffed Bagel</td>
<td>Turkey Sausage Patty</td>
<td></td>
</tr>
<tr>
<td>Chilled Peaches</td>
<td>Grape Juice</td>
<td>Sides for All Meals</td>
<td>Sides for All Meals</td>
<td></td>
</tr>
<tr>
<td>1% Lowfat Milk</td>
<td>1% Lowfat Milk</td>
<td>Chilled Pears</td>
<td>Fresh Banana</td>
<td></td>
</tr>
</tbody>
</table>

| 8               | 9                | 10               | 11               | 12               |
| Main Entrees    | Main Entrees     | Main Entrees     | Main Entrees     | Main Entrees     |
| Whole Grain Waffle | Breakfast Turkey Sausage | Cheerios | Mini Maple Pancakes |
| Sides for All Meals | Pizza           | Sides for All Meals | Sides for All Meals |
| Peach Blueberry Filling | Apple Juice     | Chilled Peaches  | Fresh Banana     |
| 1% Lowfat Milk  | 1% Lowfat Milk   | 1% Lowfat Milk   | 1% Lowfat Milk   |

| 15              | 16               | 17               | 18               | 19               |
| Main Entrees    | Main Entrees     | Main Entrees     | Main Entrees     | No School        |
| French Toast Sticks | Egg Strata      | Whole Grain Turkey Bacon | Vanilla Yogurt |
| Sides for All Meals | Garlic Croutons | Scramble          | House-Made Cinnamon |
| Chilled Diced Pears | Sides for All Meals | Unsweetened Applesauce | Granola |
| 1% Lowfat Milk  | 1% Lowfat Milk   | 1% Lowfat Milk   | 1% Lowfat Milk   |

| 22              | 23               | 24               | 25               | 26               |
| Main Entrees    | Main Entrees     | Main Entrees     | Main Entrees     | Main Entrees     |
| Egg & Cheese Bagel Topper | Scrambled Eggs with Cheddar Cheese | Sunbutter & Grape Jelly Sandwich | Breakfast Banana Split |
| Sides for All Meals | Traditional Grits | Sides /s for All Meals | Sides for All Meals |
| Grape Juice     | Apple Juice      | Chilled Peaches  | Chilled Peaches  |
| 1% Lowfat Milk  | 1% Lowfat Milk   | 1% Lowfat Milk   | 1% Lowfat Milk   |

## More Details:
- [duvalschools.nutrislice.com/menu/new-berlin/pre-k-breakfast/](https://duvalschools.nutrislice.com/menu/new-berlin/pre-k-breakfast/)
- Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.
- This Institution is an equal opportunity provider.
# October 2018

New Berlin
Elementary Lunch (Peanut Aware)

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Main Entrees</strong></td>
<td><strong>Main Entrees</strong></td>
<td><strong>Main Entrees</strong></td>
<td><strong>Main Entrees</strong></td>
<td><strong>Main Entrees</strong></td>
</tr>
<tr>
<td><em>Homestyle Cheesy Baked Ziti</em></td>
<td><em>Turkey Pot Pie</em></td>
<td><em>Turkey Meatballs</em></td>
<td><em>Beef Taco</em></td>
<td><em>Cheese Pizza</em></td>
</tr>
<tr>
<td><strong>Outtakes</strong></td>
<td><strong>Outtakes</strong></td>
<td><strong>Outtakes</strong></td>
<td><strong>Outtakes</strong></td>
<td><strong>Outtakes</strong></td>
</tr>
<tr>
<td><em>Cheese Quesadilla</em></td>
<td><em>Classic American Cheeseburger</em></td>
<td><em>Spaghetti</em></td>
<td><em>Pepperoni Cheese Pizza</em></td>
<td><em>Pepperoni Cheese Pizza</em></td>
</tr>
<tr>
<td><em>Thick &amp; Chunky Salsa</em></td>
<td><em>Hamburger</em></td>
<td><em>Marinara Sauce</em></td>
<td><em>Tortilla Chips</em></td>
<td><em>Tortilla Chips</em></td>
</tr>
<tr>
<td><strong>Salad</strong></td>
<td><strong>Salad</strong></td>
<td><strong>Salad</strong></td>
<td><strong>Salad</strong></td>
<td><strong>Salad</strong></td>
</tr>
<tr>
<td><em>Very Veggie Salad</em></td>
<td><em>Crispy Chicken Salad</em></td>
<td><em>Crispy Fish Sticks</em></td>
<td><em>Pretzel Fun Lunch</em></td>
<td><em>Double Cheese Chef Salad</em></td>
</tr>
<tr>
<td><strong>Sides for All Meals</strong></td>
<td><em>Dinner Roll</em></td>
<td><em>Ranch Dressing</em></td>
<td><em>Cornbread</em></td>
<td><em>Ranch Dressing</em></td>
</tr>
<tr>
<td><em>Seasoned Broccoli</em></td>
<td><em>Ranch Dressing</em></td>
<td><em>Sides for All Meals</em></td>
<td><em>Ranch Dressing</em></td>
<td><em>Sides for All Meals</em></td>
</tr>
<tr>
<td><em>Fruit &amp; Vegetable Bar</em></td>
<td><em>Sides for All Meals</em></td>
<td><em>Sliced Cucumbers</em></td>
<td><em>Sides for All Meals</em></td>
<td><em>Sides for All Meals</em></td>
</tr>
<tr>
<td><em>Seasonal Fresh Fruit</em></td>
<td><em>Roasted Carrots</em></td>
<td><em>Fresh Whole Fruit</em></td>
<td><em>Tortilla Chips</em></td>
<td><em>Tortilla Chips</em></td>
</tr>
<tr>
<td><em>Sliced Cucumbers</em></td>
<td><em>Fruit &amp; Vegetable Bar</em></td>
<td><em>Seasonal Fresh Fruit</em></td>
<td><em>Ranch Dressing</em></td>
<td><em>Ranch Dressing</em></td>
</tr>
<tr>
<td><em>Fresh Whole Fruit</em></td>
<td><em>Sliced Cucumbers</em></td>
<td><em>Sliced Cucumbers</em></td>
<td><em>Sliced Cucumbers</em></td>
<td><em>Sliced Cucumbers</em></td>
</tr>
<tr>
<td><em>Assembled Chilled Fruit</em></td>
<td><em>Fresh Whole Fruit</em></td>
<td><em>Fresh Whole Fruit</em></td>
<td><em>Fresh Whole Fruit</em></td>
<td><em>Fresh Whole Fruit</em></td>
</tr>
<tr>
<td><strong>Ranch Dressing</strong></td>
<td><em>Assembled Chilled Fruit</em></td>
<td><em>Assembled Chilled Fruit</em></td>
<td><em>Assorted Chilled Fruit</em></td>
<td><em>Assorted Chilled Fruit</em></td>
</tr>
<tr>
<td><strong>Milk &amp; Condiments</strong></td>
<td><strong>Milk &amp; Condiments</strong></td>
<td><strong>Milk &amp; Condiments</strong></td>
<td><strong>Milk &amp; Condiments</strong></td>
<td><strong>Milk &amp; Condiments</strong></td>
</tr>
<tr>
<td><em>1% Lowfat Milk</em></td>
<td><em>1% Lowfat Milk</em></td>
<td><em>1% Lowfat Milk</em></td>
<td><em>1% Lowfat Milk</em></td>
<td><em>1% Lowfat Milk</em></td>
</tr>
<tr>
<td><em>Chocolate Fat Free Milk</em></td>
<td><em>Chocolate Fat Free Milk</em></td>
<td><em>Chocolate Fat Free Milk</em></td>
<td><em>Chocolate Fat Free Milk</em></td>
<td><em>Chocolate Fat Free Milk</em></td>
</tr>
<tr>
<td><em>Bold City Spice Blend</em></td>
<td><em>Bold City Spice Blend</em></td>
<td><em>Bold City Spice Blend</em></td>
<td><em>Bold City Spice Blend</em></td>
<td><em>Bold City Spice Blend</em></td>
</tr>
</tbody>
</table>

---

**Main Entrees**

- Chicken Teriyaki
- Vegetable Brown Rice
- Swedish Meatballs
- Penne Pasta
- Turkey Cobb Salad
- Fresh Baked Biscuit
- Ranch Dressing
- Sides for All Meals
- Savory Green Beans
- Fruit & Vegetable Bar
- Seasonal Fresh Fruit
- Garden Side Salad
- Fresh Whole Fruit
- Assembled Chilled Fruit
- Ranch Dressing
- Milk & Condiments
  - 1% Lowfat Milk
  - Chocolate Fat Free Milk
  - Bold City Spice Blend

---

**Main Entrees**

- Macaroni & Cheese Outtakes
- Pancakes
- Turkey Sausage Patty
- Warm Baked Cinnamon Apple Slices
- Salad
- Chopped Chicken & Apple Salad
- Homemade Pumpkin Muffin
- Ranch Dressing
- Sides for All Meals
- Fresh Corn on Cob
- Fruit & Vegetable Bar
- Seasonal Fresh Fruit
- Garden Side Salad
- Fresh Whole Fruit
- Assembled Chilled Fruit
- Ranch Dressing
- Milk & Condiments
  - 1% Lowfat Milk
  - Chocolate Fat Free Milk
  - Bold City Spice Blend

---

**Main Entrees**

- Ranch Chicken
- Penne Pasta
- Shredded Cheddar Cheese Outtakes
- Strawberry Parfait
- Assorted Scratch-Made Muffins
- Mild Cheddar String Cheese Salad
- Southern Cobb Salad
- Ranch Dressing
- Sides for All Meals
- Baked Cinniie Fries
- Ketchup Packet
- Fruit & Vegetable Bar
- Seasonal Fresh Fruit
- Garden Side Salad
- Fresh Whole Fruit
- Assembled Chilled Fruit
- Ranch Dressing
- Milk & Condiments
  - 1% Lowfat Milk
  - Chocolate Fat Free Milk
  - Bold City Spice Blend

---

**Main Entrees**

- Chicken Nachos
- Thick & Chunky Salsa Outtakes
- Toasted Cheese Sandwich Salad
- very Veggie Salad
- Pretzel
- Ranch Dressing
- Sides for All Meals
- Southwest Red Beans
- Fruit & Vegetable Bar
- Seasonal Fresh Fruit
- Garden Side Salad
- Fresh Whole Fruit
- Assorted Chilled Fruit
- Ranch Dressing
- Milk & Condiments
  - 1% Lowfat Milk
  - Chocolate Fat Free Milk
  - Bold City Spice Blend

---

**Main Entrees**

- Cheese Pizza
- Pepperoni Cheese Pizza Outtakes
- Crispy Fish Sticks
- Cheesy Grits
- Chicken Caesar Spinach Salad
- Apple Cinnamon Muffin Sides for All Meals
- Seasoned Broccoli
- Fruit & Vegetable Bar
- Seasonal Fresh Fruit
- Garden Side Salad
- Fresh Whole Fruit
- Assorted Chilled Fruit
- Ranch Dressing
- Milk & Condiments
  - 1% Lowfat Milk
  - Chocolate Fat Free Milk
  - Bold City Spice Blend

---

### Main Entrees
- Jambalaya
- Dinner Roll

### Outtakes
- Classic Chicken Sandwich
- Ketchup Packet
- Mustard Packet

### Salad
- Mediterranean Salad
- Dinner Roll
- Ranch Dressing

### Sides for All Meals
- Roasted Carrots
- Fruit & Vegetable Bar
- Seasonal Fresh Fruit
- Marinated Italian Cucumber & Tomato Salad
- Fresh Whole Fruit
- Assorted Fried Fruit
- Ranch Dressing

### Milk & Condiments
- 1% Lowfat Milk
- Chocolate Fat Free Milk
- Bold City Spice Blend

### Main Entrees
- Classic American Cheesburger
- Hamburger
- Ketchup Packet
- Mustard Packet

### Outtakes
- Southwest Ranch Chicken Quesadilla
- Thick & Chunky Salsa Salad
- Panzanelle Salad
- BBQ Baked Beans
- Fresh Whole Fruit
- Assorted Fried Fruit
- Ranch Dressing

### Milk & Condiments
- 1% Lowfat Milk
- Chocolate Fat Free Milk
- Bold City Spice Blend

### Main Entrees
- Spaghetti Bake
- Peach Parfait with House-Made Muffins
- Mild Cheddar String Cheese Salad
- Double Cheese Chef Salad
- Fresh Baked Biscuit
- Ranch Dressing
- Country-Style Green Beans
- Fruit & Vegetable Bar
- Seasonal Fresh Fruit
- Fresh Broccoli Florets
- Fresh Whole Fruit
- Assorted Fried Fruit
- Ranch Dressing

### Milk & Condiments
- 1% Lowfat Milk
- Chocolate Fat Free Milk
- Bold City Spice Blend

### Main Entrees
- Sweet & Sour Chicken
- Brown Rice
- Cheese Quesadilla
- Thick & Chunky Salsa Salad
- Chicken Caesar Spinach Salad
- Ranch Dressing

### Outtakes
- Scrambled Eggs with Cheese
- Fresh Baked Biscuit
- Tater Tots Salad
- Bento Box: Pretzel, Cheese Stick, Egg, & Assorted Vegetables
- Ranch Dressing

### Milk & Condiments
- 1% Lowfat Milk
- Chocolate Fat Free Milk
- Bold City Spice Blend

### Main Entrees
- Chicken Nuggets
- Whole Grain Waffle
- Pancake Syrup
- Scrambled Eggs with Cheese
- Fresh Baked Biscuit
- Tater Tots Salad

### Outtakes
- Potato Crunchy Baked Fish Wedge
- Brown Rice
- Ketchup Packet
- Baked Tater Tots
- Ranch Dressing

### Milk & Condiments
- 1% Lowfat Milk
- Chocolate Fat Free Milk
- Bold City Spice Blend

### Main Entrees
- Cheesy Turkey Sausage Taco
- Thick & Chunky Salsa
- Pepperoni Cheese Pizza
- Turkey & Cheese on Pretzel Roll
- Ancient Grain Salad
- Ranch Dressing

### Outtakes
- Potato Crunchy Baked Fish Wedge
- Whole Grain Waffle
- Pancake Syrup
- Scrambled Eggs with Cheese
- Fresh Baked Biscuit
- Tater Tots Salad

### Milk & Condiments
- 1% Lowfat Milk
- Chocolate Fat Free Milk
- Bold City Spice Blend

More Details: duvalschools.nutrislice.com/menu/new-berlin/elementary-lunch-peanut-aware/
Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.
This Institution is an equal opportunity provider.
## October 2018

### Pre-K Snack

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
</tr>
<tr>
<td></td>
<td>• Cheerios</td>
<td>• Scratch-Made Chocolate Chip Muffin</td>
<td>• Cheez-It Crackers</td>
<td>• Animal Crackers</td>
</tr>
<tr>
<td></td>
<td>• 1% Lowfat Milk</td>
<td>• Chilled Diced Pears</td>
<td>• Unsweetened Applesauce</td>
<td>• 1% Lowfat Milk</td>
</tr>
<tr>
<td>8</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
</tr>
<tr>
<td></td>
<td>• Cheez-It Crackers</td>
<td>• Cheerios</td>
<td>• Strawberry Yogurt</td>
<td>• Animal Crackers</td>
</tr>
<tr>
<td></td>
<td>• Unsweetened Applesauce</td>
<td>• 1% Lowfat Milk</td>
<td>• Strawberry Banana Yogurt</td>
<td>• Chilled Peaches</td>
</tr>
<tr>
<td>15</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
</tr>
<tr>
<td></td>
<td>• Honey Graham Crackers</td>
<td>• Cinnamon Sugar Breadstick</td>
<td>• Cheerios</td>
<td>• Strawberry Yogurt</td>
</tr>
<tr>
<td></td>
<td>• Pineapple Tidbits</td>
<td>• 1% Lowfat Milk</td>
<td>• 1% Lowfat Milk</td>
<td>• Strawberry Banana Yogurt</td>
</tr>
<tr>
<td>22</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
<td>Outtakes</td>
</tr>
<tr>
<td></td>
<td>• Animal Crackers</td>
<td>• Pretzel</td>
<td>• Honey Graham Crackers</td>
<td>• Homemade Ginger Pear Muffin</td>
</tr>
<tr>
<td></td>
<td>• 1% Lowfat Milk</td>
<td>• 1% Lowfat Milk</td>
<td>• Vanilla Yogurt</td>
<td>• 1% Lowfat Milk</td>
</tr>
<tr>
<td>29</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

More Details: duvalschools.nutrislice.com/menu/new-berlin/pre-k-assp/
Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.
This Institution is an equal opportunity provider.