



Classroom and Birthday Snacks

Neptune Beach Elementary

2021-2022



Did you know one of our new Guidelines for Success is to promote healthy habits for all our students?

In accordance with school board policy, all food and snacks consumed in school must meet the nutritional requirements stated in the *Healthy, Hunger-Free Kids Act of 2010*. Students are encouraged to bring a “Smart Snack” every day to fuel their bodies and minds during the school day. Below you will find some great choices for Smart Snacks to eat during the school day:

- 🍏 easy to eat fruit such as apples, grapes, bananas, raisins
- 🍏 pretzels, goldfish, whole-grain crackers, popcorn
- 🍏 cheese sticks or beef jerky
- 🍏 cut up veggies like carrots, celery, or broccoli bites

Birthday Celebration Options



Birthdays are so exciting to celebrate, especially to children! In an effort to build a healthier school and comply with school board policy, ***sweet treats (cookies, cupcakes and candy) will no longer be given out in our classrooms for birthday celebrations.*** If your child would like to celebrate their special day with their class, here are a few alternatives:

- 🎉 Send in a Smart Snack for all the students in class
- 🎉 Donate a special book to the classroom in your child’s name
- 🎉 Provide special stickers, erasers, or a pencil for students in the class
- 🎉 Donate equipment for recess (kickball, soccer ball etc.)
- 🎉 Advertise with PTA on the school marquee
- 🎉 Have another idea? Contact your child’s teacher.

We appreciate your support in providing a school environment that enhances the learning and development of lifelong healthy habits for each student!