

## **Anchored 4 Life**

The Anchored4Life program is the place where connections happen. It is a
peer-to-peer club to connect youth while building transition and resiliency
skills. The program provides opportunities for peers to enhance social skills,
learn leadership skills, build character, improve self-esteem, and integrate
into their community.

## Anchor link website





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## How the Military and Family Life Counseling Program can help:

- o Changes at home, such as deployment, reunion, divorce and grief
- Self-esteem issues
- Communication and relationships at home and school
- Life skills, such as problem solving and adjustment
- Behavioral issues, including bullying and anger management

## We are proud to support our Military Students!

Thank you for choosing to be a part of Team Duval. With Naval Air Station Jacksonville and Naval Station Mayport in Duval County, we are home to hundreds of military families and look forward to helping your children thrive academically.

The district's Office of School Choice serves as the link between base commanders, military families, and our school. They will assist you with completing the initial enrollment process. Upon choosing to enroll here at Duncan U. Fletcher High School, our military transitional staff will support you with completing your school-based registration process.

We look forward to welcoming you to FHS! For transitional enrollment support, please reach out to our school's Military and Family Life Counselor (MFLC), Farkhanda Khan, or our School Military Point of Contact (MPOC), K. Riley, for school transitional planning and

support. They can be reached by email at <a href="mailto:khanf@MagellanFederal.com">khanf@MagellanFederal.com</a> or <a href="mailto:archonk1@duvalschools.org">archonk1@duvalschools.org</a> to schedule your family conference.

Campus tours are on Tuesdays at 8 AM. Tours depart from the main office off 700 Seagate Ave. Each tour is followed up by an academic chat to discuss programs and campus services.