

## What is a School Counselor?

- School counselors are state-certified professionals with a Master of Education in School Counseling
- Counselors continue their professional development by attending workshops and conferences on an ongoing basis.
- The role of the school counselors is to help all students fully develop their academic, career, personal, and social abilities.
- The counselor is an educator who delivers a comprehensive school counseling program in the school as recommended by the American School Counseling Association



*The mission of Douglas Anderson's school counseling program is to support all students through a comprehensive and developmental approach by addressing the academic, career, and personal/social skills necessary to achieve quality learning and lifelong success. This is accomplished through the counselors' delivery of School Counseling and counseling activities as well as through a collaborative effort between the home, school, and community to further Douglas Anderson as the leading public arts high school in the nation.*



### School Counseling Office Team

Kathy Anderson, School Counselor  
**Last Names A – F All Grades**

Angel Sletto, School Counselor  
**Last Names G – M All Grades**

Nateasha Henton, School Counselor  
**Last Names N – Z All Grades**

Catherine Silsby, School Counseling Clerk

Sherry Thompson, Data Entry Clerk

## How Can a Student Contact the Counselor?

- Self-referral (by student)
- Teacher, administrator, or staff referral
- Parent/Guardian Referral
- Peer Referral
- Counselor observation

**Counselors see students by appointment. Visit the Counseling Teams Page or QR codes around campus to schedule**

Douglas Anderson  
School of the Arts

# School Counseling Department



*School Counselors  
point you  
in the right direction!*

2445 San Diego Road  
Jacksonville, FL 32207  
(904)346-5620  
[www.da-arts.org](http://www.da-arts.org)

## What Does a School Counselor Do?

- Coordinates the development of a comprehensive school counseling program based on campus needs
- Delivers classroom school counseling lessons to all students
- Counsels with students individually and/or in groups
- Assists students in crisis situations
- Helps to identify individual student needs
- Refers students and/or parents/guardians to services and agencies outside the school
- Conducts conferences with parents
- Links students with school and community resources
- Advises students on individual, school, college and career plans
- Coordinates with colleges and universities to provide information to students

*Counselors adhere to strict ethical and legal standards in the performance of these duties.*

# What is a School Counseling Program?

A **Comprehensive School Counseling Program** consists of **four** major areas.

**Classroom Guidance**—Counselors lead small and large groups addressing basic life-long skills identified as essential for academic and personal success. These skills include responsible behavior, growth mindsets, goal setting, and career planning, among others.

**Individual Planning**—Counselors help students to select appropriate courses, plan for transitions (i.e., middle to high school, high school to post-secondary), high school and curriculum planning and provide to students and parents information on careers and post-secondary education and training.

**Responsive Services**—Counselors assist students with an immediate personal concern, a crisis, or a problem that may be affecting their achievement in school. The counselor may provide short-term individual sessions or small groups with other students that face similar challenges. The counselor may also refer the student for other services.



**System Support**—The school system includes many programs designed to support students. Counselors assist in the referral process of students to appropriate support programs and services provided both within the school setting and to outside agencies. System Support has two components:

1. Educating the school staff about the Comprehensive School Counseling Program
2. Supporting the school staff with professional development, consultation and assisting with community outreach.