

# Activities and Experiences

Name \_\_\_\_\_ Graduation Year \_\_\_\_\_

Last                                  First

College Major \_\_\_\_\_ Career Choice \_\_\_\_\_

NOTE: the last column, "COLL" should be checked if you plan to continue this activity in college.

Clubs, Committees, Publications	List total hours per year				Accomplishments and Experiences	Coll
	9	10	11	12		

Visual & Performing Arts	9	10	11	12	Type of instruction/performance/competition and describe your involvement	Coll

Athletics	9	10	11	12	Level of participation (Varsity/JV, captain/all star/all league)	Coll

**Leadership Positions:** List all elected or appointed positions held in school, community, or work activities. Only those positions in which you were directly responsible for directing or motivating others should be included. For example: elected student body, class, or club officer; committee chairperson; team captain; newspaper editor; work area manager, or community leader.

Leadership Position	9	10	11	12	Activity or Organization	Coll

Summer Involvements	9	10	11	12	Summer study or travel you have had or plan for this coming summer	Coll

**Community Involvement/Service Opportunities:** List community activities in which you have participated and the major accomplishments in each. These should be any activities outside of school in which you participated for the betterment of your community. For example: church groups, clubs sponsored outside the school, Boy or Girl Scouts, volunteer groups, or community art endeavors. USE THE SPACE UNDER THE APPROPRIATE GRADE TO ENTER THE NUMBER OF HOURS YOU'VE PERFORMED THE SERVICE.

Community Involvement/Service	List total hours per year				Major Accomplishments	Coll
	9	10	11	12		

**Work Experience:** List below any job experience (baby sitting, yard work, stock clerk, cashier, etc.) that you have had at any time in your life.

Work Experience - Job	Year(s)		Employer	Coll
	20--	to 20--		

**Academic Awards, Honors, and Special Interests**

Award	Grade(s)				Organization or Person Granting the Award	Coll
	9	10	11	12		

**Interests, talents, hobbies, and experiences not mentioned elsewhere on this sheet:**

Interest	Grade(s)				Major Accomplishments	Coll
	9	10	11	12		

Below or on a separate sheet, please feel free to comment on the following:

1. Is your transcript a reasonably fair evaluation of your abilities? If not, explain.
2. Please add any information that does not appear elsewhere that would help to explain you, your interests, or your record.