Dear Parent:

This is to bring to your attention that a case of Hand-Foot-and-Mouth Disease has been reported for a student in your child's classroom and to provide you with information about this disease. If your child exhibits any of the symptoms described, it is recommended that you consult your private physician or the Department of Health in Duval County School Health Program at 904-253-1580.

What is Hand-Foot-and-Mouth Disease?
- A common set of symptoms associated with viral infections
- Most frequently seen in the summer and fall
- Commonly caused by coxsackievirus A16 and enterovirus 71

What are the symptoms of Hand-Foot-and-Mouth Disease?
- Tiny blisters in the mouth and on the fingers, palms of hands, buttocks, and soles of feet
- Blisters last a little longer than a week
- Fever
- Runny nose
- Sore throat
- Cough

How is Hand-Foot-and-Mouth Disease spread?
- When the sick child talks, coughs, or sneezes

How can Hand-Foot-and-Mouth Disease be prevented?
- Teach children to cover their mouths and noses when sneezing or coughing
- Good, thorough hand washing especially after diaper changes
- Clean and sanitize surfaces
- Dispose of tissues immediately into trash

Implications for school
- Students or staff with the disease should be excluded from school while fever persists and until lesions are healed

Resources:
Centers for Disease Control and Prevention: www.cdc.gov;
American Academy of Pediatrics: https://healthychildren.org/English/health-issues/conditions/infections/Pages/Hand-Foot-and-Mouth-Disease.aspx

Attachment EXIII-1