

Transition Planning for Military Families



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[School Liaison \(navymwrmayport.com\)](http://navymwrmayport.com)

How the Military and Family Life Counseling Program can help:

- Changes at home, such as deployment, reunion, divorce and grief
- Self-esteem issues
- Communication and relationships at home and school
- Life skills, such as problem solving and adjustment
- Behavioral issues, including bullying and anger management

Transitional Planning Websites

[My Navy Portal – My PCS](#)
[Interstate Compact for Military Children](#)
[Military One Source](#)
[Department of Defense Education Agency](#)
[Military Teen on the Move](#)
[Military Installation Guide](#)
[National Military Family Association](#)

Installation Websites

[*Fleet and Family Support Center*](#)
[*Youth Activities Center*](#)
[*Teen Center*](#)
[Youth Sports](#)