

# Florida-Specific Youth Survey

This survey is about health behavior and resilience. It has been developed so you can tell us about things that influence your health and your strengths. The information you provide is used to improve health education and resilience supports across Florida.

All responses to this survey are anonymous, your answers will be kept private. Completing this survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. The questions about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. When you are finished, follow the instructions of the person giving you the survey.

Key
Resiliency Education Characteristic
Required Instruction Category

Question Number	Item	Scale	Question Branching
<b>Demographic Information</b>			
1	What is your age?	Likert Scale (13, 14, 15, 16, 17, 18, 19 or older)	N/A
2	What is your sex?	Categorical Scale (Male, Female)	N/A
3	What is your grade level?	Likert Scale (9th grade, 10th grade, 11th grade, 12th grade)	N/A
4	What is your race? (SELECT ONLY ONE RESPONSE)	Categorical Scale (American Indian or Alaskan Native, Asian, Black/African American, Native Hawaiian or Other Pacific Islander, White, Multiracial)	N/A
5	Are you Hispanic or Latino?	Dichotomous Response (Yes or No)	N/A
6	Please select your school district:	Categorical Scale (All Florida School Districts)	N/A
<b>Empathy</b>			
7	I accept when others feel differently than I do.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
8	I am concerned when others are upset.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
9	I can understand other people's perspective.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
10	I recognize other people's feelings.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
11	I will help someone if they are upset.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
12	I do not see other people's point of view.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
13	I am compassionate with others.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
14	I notice others' moods.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
15	I show concern for other people's challenges.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
16	I understand other people's emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
17	I understand why others get upset.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
18	I will console someone when they are upset.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
19	I ignore other people's feelings.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Perseverance</b>			
20	I complete my schoolwork even when it is difficult.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
21	I finish tasks that I begin.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
22	I keep trying even when something is hard for me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
23	I set goals and complete them.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
24	I move on to new tasks before finishing my work.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
25	I overcome setbacks.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
26	I give up on challenging tasks.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
27	I try again even if I do not achieve a goal the first time.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
28	I work hard even if I have challenges.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
29	I identify obstacles to overcome.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
30	I try my best on my schoolwork.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
31	I am organized.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
32	I get distracted in school.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
33	I stick with my plans.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
34	I keep working even when it is difficult.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
35	I persist on my schoolwork that challenges me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
36	I know the challenges that come with my long-term goals.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
37	I follow through on tasks.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Grit</b>			
38	I give up on my goals.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
39	I know how to achieve my goals.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
40	I prepare for the challenges that come with my long-term goals.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
41	I am hopeful for future success	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
42	I have identified my long-term goals.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
43	I change my goals if I struggle.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
44	My long-term goals give me a sense of purpose.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
45	I feel like I have a sense of purpose.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
46	I feel like I can't be successful.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
47	I feel like I will be successful.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A

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48	I maintain my focus on my long-term goals.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
49	I will pursue the goals I set.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Gratitude</b>			
50	I am grateful for things in my life.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
51	I am thankful for the people in my life.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
52	I recognize the good in my life.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
53	I tell others that I am grateful for them.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
54	I thank others when they help me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
55	It is difficult for me to identify things or people I am grateful for.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
56	I acknowledge the good things in my life.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
57	I am grateful for others.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
58	I appreciate people in my life.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
59	I appreciate the people in my life.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
60	I tell others that I appreciate them.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
61	I tell others that I am thankful for them.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
62	I have little to be thankful for.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Responsibility</b>			
63	I complete my work on time.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
64	I complete the tasks expected of me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
65	People trust me to do a good job.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
66	My work meets expectations.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
67	I understand what my teachers expect from me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
68	I am responsible.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
69	I forget to do things that I said I was going to do.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Critical Thinking</b>			
70	Even if I am proven wrong, I stick to my original opinion.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
71	I gather as much information as I can before making a choice.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
72	I consider both sides of an argument.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
73	I have difficulty changing my opinion about a topic.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
74	I consider other people's point of view when gathering information.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
75	I determine the accuracy of information before making a judgment.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
76	I identify the difference between facts and opinions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
77	I listen to different points of view.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Problem Solving</b>			
78	I can resolve conflicts with other people.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
79	I effectively communicate when I have a problem with others.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
80	I think creatively to solve problems.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
81	I can identify problems to be solved.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
82	I seek help when solving a challenging problem.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
83	I struggle to identify how to solve a problem.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
84	I avoid others rather than solve a conflict.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
85	I work well with others.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
86	I do not seek support from others.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
87	I work collaboratively with other people to solve problems.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
88	I get into arguments with those around me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
89	I know when to seek help when solving a problem.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
90	I seek advice when I don't know how to solve a problem.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Responsible Decision-Making</b>			
91	I think of all possible outcomes before making a decision.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
92	I think about how my decisions will impact those around me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A

Question Number	Item	Scale	Question Branching
93	I consult with my parents or a trusted mentor before making a decision.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
94	I regret my decisions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
95	I make decisions that are good for my health.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
96	I struggle to identify the consequences of a decision.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
97	When making a decision, I go with the first option that comes to mind.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
98	I ask questions before making a decision.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
99	I pause to think about different choices before making a decision.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
100	I think through what might happen before I make a decision.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
101	My choices keep me safe.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
102	I think of the potential consequences of my decisions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
103	I act before thinking about the consequences.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
104	I weigh the pros and cons before making a decision.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
105	I reflect on my point of view when making a judgment.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Self-Awareness</b>			
106	I can identify my strengths.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
107	I recognize how my attitude affects my behavior.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
108	I recognize how my mood impacts my behavior.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
109	I feel happy when I am at school.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
110	I get worried about school.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
111	I feel angry when things change.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
112	I get overwhelmed.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
113	I identify situations that overwhelm me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
114	I can identify how my actions are connected to my emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
115	I know how my behavior can affect other people's emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
116	I know what makes me feel a certain way.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
117	I recognize my different emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
118	I find it difficult to identify my values.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
119	I get stressed easily.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
120	I feel sad.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
121	I have difficulty recognizing my emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
122	I think negatively about myself.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Self-Management</b>			
123	I am in control of my behaviors.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
124	I stay calm during a stressful situation.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
125	I use coping strategies to manage my behavior.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
126	I have a hard time staying calm during a disagreement.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
127	I do not handle stress well.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
128	I lose my temper.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
129	I can manage multiple tasks at once.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
130	I stay calm when I get frustrated.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
131	I use coping strategies to manage my emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
132	I use coping strategies to manage my thoughts.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
133	I get in trouble with my teachers.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
134	I manage my emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
135	I can control my emotions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
136	My emotions are uncontrollable.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Mentorship</b>			
137	I provide guidance to someone if they need support.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
138	I ignore support from others.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
139	Others look to me for solutions.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
140	I seek feedback when I do not know what to do.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
141	I seek support from others to accomplish a goal.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A

Question Number	Item	Scale	Question Branching
142	I go to a trusted adult when I need support.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
143	I support others in accomplishing their goals.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
144	I am comfortable with asking for support from mentors.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
145	I seek guidance if I need support.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
146	I speak with a trusted adult for guidance.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Citizenship</b>			
147	I contribute in a positive way to my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
148	I do things to better my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
149	I participate in community events.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
150	People in my community care for me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
151	I feel connected to my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
152	I am a responsible participant in my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
153	I am engaged in my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
154	I help solve problems in my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
155	I strive to improve my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
156	I am on my own and not part of a community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
157	I feel disconnected from my community.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>Honesty</b>			
158	I provide honest feedback even in difficult situations.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
159	I tell the truth.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
160	People can trust me.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
161	I admit when I am wrong.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
162	I do what I say.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
163	People see me as authentic.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
164	I identify and acknowledge my mistakes.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
165	I tell lies.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
166	My actions match my words.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
167	I am not authentic when interacting with others.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
168	I say "no" when asked to do something I don't want to do.	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
<b>(n)1.a. Injury Prevention and Safety</b>			
169	During the past 30 days, on how many days did you text while driving a car or other vehicle?	Frequency Scale (I did not drive a car or other vehicle during the past 30 days, 0 days, 1 or 2 days, 3 to 5 days, 6 to 9 days, 10 to 19 days, 20 to 29 days, All 30 days)	N/A
170	During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?	Frequency Scale (I did not drive a car or other vehicle during the past 30 days, 0 times, 1 time, 2 or 3 times, 4 or 5 times, 6 or more times)	N/A
171	How often do you wear a seat belt when riding in a car driven by someone else?	Likert scale (Never, Rarely, Sometimes, Most of the time, Always)	N/A
172	During the current school year, have you been bullied?	Dichotomous Response (Yes or No)	N/A
173	During the current school year, have you been cyber bullied? (Count being bullied through texting or social media.)	Dichotomous Response (Yes or No)	N/A
174	I can report bullying.	Dichotomous Response (Yes or No)	N/A
175	I can recognize the signs of cyberbullying (Count being bullied through texting or social media.)	Dichotomous Response (Yes or No)	N/A
<b>(n)1.b. Internet Safety</b>			
176	On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)	Frequency Scale (Less than 1 hour per day, 1 hour per day, 2 hours per day, 3 hours per day, 4 hours per day, 5 or more hours per day)	N/A
177	How often are you on social media?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A
178	During the current school year, have you shared your internet account passwords with someone other than your parent/guardian?	Dichotomous Response (Yes or No)	N/A
179	During the current school year, have you agreed to meet with someone that you met online?	Dichotomous Response (Yes or No)	N/A

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180	I am aware of the risks of agreeing to meet with someone in person that I have met online.	Dichotomous Response (Yes or No)	N/A	
181	I am aware of the risks of uploading or sharing explicit pictures myself to anyone online, through social media, or text messaging.	Dichotomous Response (Yes or No)	N/A	
182	How often do you respond to messages from unknown senders?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A	
183	I can report unwanted messages or photos received from unknown senders.	Dichotomous Response (Yes or No)	N/A	
184	Do you chat, talk, message, or communicate with people online or through apps on your phone (i.e., social media) whom you have never met in person?	Dichotomous Response (Yes or No)	N/A	
185	I am aware of the risk in chatting, talking, messaging, or communicating with people online or through apps on my phone (i.e., social media) whom I have never met in person.	Dichotomous Response (Yes or No)	N/A	
186	Does your parent/guardian monitor your online activity?	Dichotomous Response (Yes or No)	N/A	
187	During the current school year, have you ever skipped meals to engage in screen time?	Dichotomous Response (Yes or No)	(If answer is yes ) How often do you skip meals to engage in screen time?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)
<b>(n)1.c. Nutrition</b>				
188	During the last 7 days, how often did you consume healthy foods such as fruits, vegetables, or a salad?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A	
189	During the last 7 days, how often did you consume unhealthy drinks such as soda, pop, sugary drinks, or energy drinks?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A	
190	During the last 7 days, how often did you consume unhealthy foods such as potato chips, candy, or fast food?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	N/A	
191	During the past 7 days, on how many days did you eat breakfast?	Frequency Scale (0 days, 1 day, 2 days, 3 days, 4, days, 5 days, 6 days, 7 days)	N/A	
<b>(n)1.d. Personal Health</b>				
192	During the current school year, have you participated in any clubs or organizations (run by either your school or community groups)?	Dichotomous Response (Yes or No)	N/A	
193	During the current school year, have you participated in any sports or athletics teams (run by either your school or community groups)?	Dichotomous Response (Yes or No)	N/A	
194	When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?	Categorical Scale (During the past 12 months, Between 12 and 24 months ago, More than 24 months ago, Never, Not sure)	N/A	
195	During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?	Frequency Scale (0 days, 1 day, 2 days, 3 days, 4 days, 4 days, 6 days, 7 days)	N/A	
196	On an average school night, how many hours of sleep do you get?	Frequency Scale (4 or less hours, 5 hours, 6 hours, 7 hours, 8 hours, 9 hours, 10 or more hours)	N/A	
<b>(n)1.e. Prevention and Control of Disease</b>				
197	I am aware of the signs and symptoms of obesity.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
198	I am aware of the signs and symptoms of heart disease.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
199	I am aware of the signs and symptoms of lung disease.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
200	I am aware of the signs and symptoms of sexually transmitted infections (STIs).	Dichotomous Response (Yes, No, or Not Sure)	N/A	
<b>(n)1.f. Substance Use and Abuse</b>				
201	Have you ever consumed alcohol?	Dichotomous Response (Yes or No)	(If answer is yes) How old were you when you consumed alcohol for the first time?	Likert Scale (8 years old or younger, 9 or 10 years old, 11 or 12 years old, 13 or 14 years old, 15 or 16 years old, 17 years old or older)
			(If answer is yes in original question ) During the past 30 days, on how many days did consume alcohol?	Frequency Scale (0 days, 1 to 2 days 3 to 5 days, 6 to 9 days, 10 to 19 days, 20 to 29 days, all 30 days)

Question Number	Item	Scale	Question Branching	
202	Have you ever smoked a cigarette?	Dichotomous Response (Yes or No)	<i>(If answer is yes )</i> How old were you when you smoked a cigarette for the first time?	Likert Scale (8 years old or younger, 9 or 10 years old, 11 or 12 years old, 13 or 14 years old, 15 or 16 years old, 17 years old or older)
			<i>(If answer is yes in original question )</i> During the past 30 days, on how many days did smoke a cigarette ?	Frequency Scale (0 days, 1 to 2 days 3 to 5 days, 6 to 9 days, 10 to 19 days, 20 to 29 days, all 30 days)
203	Have you ever vaped?	Dichotomous Response (Yes or No)	<i>(If answer is yes )</i> How old were you when you vaped for the first time?	Likert Scale (8 years old or younger, 9 or 10 years old, 11 or 12 years old, 13 or 14 years old, 15 or 16 years old, 17 years old or older)
			<i>(If answer is yes in original question )</i> During the past 30 days, on how many days did you vape?	Frequency Scale (0 days, 1 to 2 days 3 to 5 days, 6 to 9 days, 10 to 19 days, 20 to 29 days, all 30 days)
204	Have you ever used marijuana?	Dichotomous Response (Yes or No)	<i>(If answer is yes )</i> How old were you when you tried marijuana and for the first time?	Likert Scale (8 years old or younger, 9 or 10 years old, 11 or 12 years old, 13 or 14 years old, 15 or 16 years old, 17 years old or older)
			<i>(If answer is yes in original question )</i> During the past 30 days, on how many days did you use marijuana?	Frequency Scale (0 days, 1 to 2 days 3 to 5 days, 6 to 9 days, 10 to 19 days, 20 to 29 days, all 30 days)
205	Have you ever taken prescription medicine without a doctor's prescription or differently than how a doctor told you to use it?	Dichotomous Response (Yes or No)	<i>(If answer is yes )</i> How old were you when you took prescription medicine without a doctor's prescription or differently than how a doctor told you to use it for the first time?	Likert Scale (8 years old or younger, 9 or 10 years old, 11 or 12 years old, 13 or 14 years old, 15 or 16 years old, 17 years old or older)
			<i>(If answer is yes in original question )</i> During the past 30 days, on how many days did you take prescription medicine without a doctor's prescription or differently than how a doctor told you to use it?	Frequency Scale (0 days, 1 to 2 days 3 to 5 days, 6 to 9 days, 10 to 19 days, 20 to 29 days, all 30 days)
206	I am aware of the supports and resources available to me if I have problem with substance use or abuse.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
<b>(n)1.g. Child Trafficking Prevention Education</b>				
207	I can recognize the signs of human trafficking.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
208	I can report human trafficking.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
<b>(n)2. Teen Dating Violence and Abuse</b>				
209	Have you ever been the victim of teen dating violence and/or abuse?	Dichotomous Response (Yes, No, or Not Sure)	N/A	
210	I can recognize the signs of teen dating violence and abuse.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
211	I can report teen dating violence and abuse.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
<b>(n)3. Sexual Abstinence</b>				
212	Have you ever had sexual intercourse?	Dichotomous Response (Yes or No)	N/A	
213	I am aware of the benefits of abstinence from sexual activity.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
214	I am aware of the consequences of teen pregnancy.	Dichotomous Response (Yes, No, or Not Sure)	N/A	
<b>(n)4.c. Resiliency Education</b>				
215	During the current school year, how often have you felt the symptoms of stress, anxiety, or depression?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)	<i>(If answer is above Never )</i> During the current school year, how often did you feel sad?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)
			<i>(If answer is above Never on original)</i> During the current school year, how often did you feel lonely?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)
			<i>(If answer is above Never on original)</i> During the current school year, how often did you feel nervous?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)
			<i>(If answer is above Never on original )</i> During the current school year, how often did you feel worried?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)



Question Number	Item	Scale	Question Branching	
			<i>(If answer is above Never on original )</i> During the current school year, how often did you feel afraid?	Likert scale (Never, Rarely, Sometimes, Often, Almost Always)
			<i>(If answer is above Never on original )</i> During the current school year, did your feelings of sadness, hopelessness, loneliness, nervousness, worry, or being afraid stop you from doing some usual activities?	Dichotomous Response (Yes or No)
216	I can recognize the signs of stress.	Dichotomous Response (Yes, No, or Not Sure)		N/A
217	I can recognize the signs of anxiety.	Dichotomous Response (Yes, No, or Not Sure)		N/A
218	I can recognize the signs of depression.	Dichotomous Response (Yes, No, or Not Sure)		N/A
219	During the current school year, did you seriously consider harming yourself?	Dichotomous Response (Yes or No)	<i>(If answer is yes)</i> During the current school year, did you seriously consider attempting suicide?	Dichotomous Response (Yes or No)
			<i>(If answer is yes on above )</i> During the current school year, how many times did you seriously consider attempting suicide?	Frequency Scale ( 0 times, 1 time, 2 or 3 times, 4 or 5 times, 6 or more times)
			<i>(If answer is yes on above )</i> During the current school year, did you make a plan about how you would attempt suicide?	Dichotomous Response (Yes or No)
220	During the current school year, have you sought out supports or resources when you had a mental health challenge or concern?	Dichotomous Response (Yes or No)		N/A
221	Do you have a trusted adult in your life to turn to for advice or support?	Dichotomous Response (Yes or No)		N/A
222	I am aware of the supports or resources available to me if I have a mental health challenge or concern.	Dichotomous Response (Yes, No, or Not Sure)		N/A
223	During the current school year, how would you describe your grades in school?	Likert Scale (Mostly A's, Mostly B's, Mostly C's, Mostly D's, Mostly F's, None of these grades, Not sure)		N/A