

Welcome to the School Counselor's Corner



Hello families and friends!

My name is Ms. Poliseo and I am the school counselor here at Don Brewer Elementary School. My passion for working with children has always been a driving force in my decision to become part of the education community. As a School counselor, my mission is to help students reach their full educational potential and overcome any obstacles they may encounter while in school. It is my belief that with proper guidance and support, students can learn to believe in themselves and thrive!

As a professional School Counselor, I work with students to promote positive academic, personal/social and career development. Some of the following roles I may perform are:

- **Individual Counseling**-Students have the opportunity to meet with me one-on-one to discuss various issues in a safe and confidential environment. Topics are based on the needs of the student and may include: friends, feelings, academics, stress, problem-solving and decision-making.
- **Small Group Counseling**- Students work together in a small group environment where they can share similar concerns and issues. Groups typically consist of 3-5 peers and sessions usually last about 30 minutes. Group topics are based on the needs of the students and may include: anger management, self-esteem, social skills, study skills, and conflict resolution.
- **Classroom Guidance**- Also known as large group counseling, this is when I have the opportunity to come to classes in grades 3-5 and give lessons on various topics that are applicable to all students. Topics include: character Education, Child Safety Matters (District-wide initiative), kindness/respecting others, and transitions.
- Consulting and collaborating with parents, teachers, administrators, social workers, and students.
- Respond to school crises or emergency situations.
- Provide information and resources to parents on a variety of issues.
- Designee for Section 504, ESOL, Gifted/Talented, RtI, MT and attendance referrals.

Students are welcome to come and talk with me anytime I am in my office. They may ask their teacher or I may hold a “lunch bunch” where I invite students to come during their lunch period to talk as a group about concerns or issues they may be having.

Parents, I am able to offer assistance with concerns, questions, and suggestions to make your child’s experience at Don Brewer the very best. If you would like to set up a meeting I am able to accommodate busy work schedules with either before school or after school appointments.

Please feel free to reach me by phone or email. My office number is (904) 745-4990 extension 109 and my email is poliseoj@duvalschools.org

Thank you all for taking the time to read through Don Brewer’s School Counseling Web Page!

UNLESS SOMEONE LIKE **YOU**
CARES A WHOLE AWFUL LOT,
NOTHING IS GOING TO GET BETTER.
IT'S NOT.  *- the lorax*