

TLAM PHYSICAL EDUCATION DEPARTMENT

Policies and Procedures

GRADING POLICY

All students will be expected to dress out in the Physical Education Uniform, participate in the activities, put forth their best effort, improve their skills, increase their knowledge of the activities, display good sportsmanship, and cooperate with instructors and classmates. The following is a breakdown of the grading policy:

- **DRESSING OUT AND PARTICIPATION.** Each student will be given 100 points at the beginning of each quarter. Points will be deducted each time the student does not dress out or does not participate in the scheduled activities. Students will not be allowed to participate if they are not dressed out. The Physical Education Curriculum has been designed to allow each child the opportunity to explore various individual, dual, and team activities. Students are expected to dress out and participate in all activities and put forth their best effort.
- **SKILLS TEST.** Students will be tested on skills required to play each activity.
- **WRITTEN TEST.** Students will take a written test on each activity. Study guides will be provided for each test. A Pre and Post End Of Course Exam will also be administered at the beginning and end of the semester.

DRESS OUT REQUIREMENTS

All students are required to dress out completely for class.

- **SHORTS - Black, Blue, Gray or White.** Shorts must be worn on or above the waist and must be ID length from knee cap/patella. No cutoffs, zippered, buttoned, snapped, or short shorts. Athletic shorts only.
- **T-SHIRT - White, Gray, or the Spirit Shirt.** No writing on front or back of shirt except for the student's name. T-shirt must have sleeves and neck line must be a crew neck. No V-neck, tank tops, or muscle shirts. Shirts may not be tied.
- **SHOES - Athletic or tennis shoes only.** No dress shoes, docksides, sandals, cleats, slip-ons, boots etc.
- **SWEAT SUIT (Any color is permitted) -** The Physical Education uniform must be worn underneath all sweat shirts and jackets.
- **JEWELRY- No jewelry may be worn to class.** This is a safety policy and points will be deducted if jewelry is not removed. The student will not be allowed to participate in class activities.

CHANGING CLOTHES

- Students must change out of their school clothes completely and dress out in their own Physical Education uniform in the locker room.
- School clothes may not be worn with the Physical Education uniform.
- Students must also change back into their school clothes completely before returning to class.
- Take all dress out clothes home to be laundered at least every two weeks.

LOCKER ROOM PROCEDURES

- Lockers and locks will be distributed during the first week of school. A non-refundable fee of \$2.00 will be collected at this time for locker rental. There will be a \$4.00 fee if the lock is lost or stolen. Students may not share lockers
- **Bookbags are not** permitted in the locker rooms. Bring only your Physical Education uniform. Teachers will not be responsible for any items lost or stolen.
- All items must be secured in the locker room. **NOTHING** may be brought out to the Physical Education class except WATER. Locker rooms will be locked during instruction time and will not be opened by the Physical Education teachers until instruction has concluded.
- Electronics are not permitted in the Physical Education facilities. Cell phones, cameras, music players, games, etc. must be stored in the school locker.

PHYSICAL EDUCATION CLASS POLICIES

- Food, drinks, gum, candy or any other consumable products may not be brought to class. **Points will be deducted from grade.** Water is allowed and recommended.
- Damage to the facility (locker rooms, gym, outside area) or equipment will not be tolerated. Students are expected to respect their own property, as well as, the property of others.
- Students must report to their roll call spots immediately. Horseplay and any other inappropriate behavior will not be tolerated. Students must be on time and seated in their assigned space as soon as they come out of the locker room. **Points will be deducted for tardiness to roll call and a referral written for the horseplay or inappropriate activity.**
- Students must remain in their assigned area with the instructor during class activity. Students may not leave class without permission.
- All injuries must be reported to the Physical Education teacher immediately.
- All violations of the student Code of Conduct will be followed by the appropriate action as stated in the discipline plan. Each student is expected to follow all Duval County School's Policies.

ABSENCES AND EXCUSES

- Written permission must be signed by a parent or guardian to excuse a student from participation in class due to medical reasons and must be given to the Physical Education teacher. **Students must still dress out for class.**
- To be excused from physical activity for three or more consecutive days, a written excuse from the doctor must be provided and given to the Physical Education teacher.
- Early dismissal from class requires a note from the parent for the Physical Education teacher so that the student can be prepared to leave class. Teachers are not available to leave their class to allow a student in the locker room to dress back in to leave early.