PAXON ATHLETICS

Parent and Player Handbook
Athletic Director: Dana Long
longd@duvalschools.org
(904) 693 -7583 ext. 288

Assistant Athletic Director: Steve Brown
browns3@duvalschools.org
(904) 693 – 7583 ext. 138

Athletic Trainer: Anna Dawson
adawson@joi.net
(614) 581 - 4755

Paxon Eagle Athletic Booster President: Gretchen Lynch
t-lynch@comcast.net


Paxon SAS Letterman’s Jacket: www.neffco.com/neffjacketshop Password: 064493

Sport Schedules: The C2CSchools.com website provides parents and students with sports information to stay on top of the game! At the C2CSchools website you can access all of Paxon SAS SPORTS SCHEDULE, dates, times, locations, directions, the opponent, and even the score results.

Eligibility: A high school student must have a cumulative 2.0 grade point average on a 4.0 unweighted scale, or its equivalent, at the conclusion of each semester to be academically eligible during the next semester (s. 1006.15(3)(a)1, Florida Statutes) Athletes must turn in the following completed forms before the first day of conditioning & try-outs.

1. FHSAA Form EL2 (current, less than one calendar year)
2. Verification of Insurance
3. FHSAA Consent and Release from Liability Certificate EL3
4. FHSAA Consent and Release from Liability Certificate for Concussion and Heat-Related Illness EL3CH
5. FHSAA Consent and Release from Liability Certificate for Concussion and Heat-Related Illness EL3CH-Addendum
6. Affidavit of Compliance with Policy on Athletic Recruiting GA4 & Notice of Transfer EL6 (A student who changes attendance to your school at any time during his/her high school career after having begun the 9th grade in another school, regardless of whether the change occurs during the school year or during the summer period between school years.)
7. High School Sportsmanship Contract
8. Paxon Media Release and Player/Parent Handbook Contract
9. Copy of Birth Certificate

Activity bus schedule Monday – Thursday 5:45 PM
Mission Statement

Paxon School for Advanced Studies Athletics is a developmental program that promotes the academic, physical, psychological and social growth of the student athlete.

Goals of Paxon SAS Athletic program focus on:

- Development of the student athlete
- Sportsmanship
- Promotion of a successful and positive experience for all

Eligibility

- To remain eligible to play, players must maintain a 2.0 GPA. Players who do not maintain eligibility will be dismissed from the team and will not receive any team awards.
- Players will show progress reports to their coaches to keep them updated on their academic standing. Academics come first!
- Players must also remain free of disciplinary referrals. Repeated referrals will lead to dismissal from the team.

Priorities

We all want to be successful. Success should not be based on just wins or losses, but on the entire program. Our players should be successful in all academic, athletic, and social matters.

Development of the student-athlete includes but is not limited to the following:

1. **Academic**- maintaining high educational and behavioral standards in the school community they represent.
2. **Physical**- learning sport skills, improving physical conditioning, developing good health habits, and avoiding injuries
3. **Psychological**- learning to control their emotions and developing feelings of self-worth
4. **Social**- learning cooperation in a competitive context and appropriate standards of behavior

Sportsmanship includes but is not limited to:

- A passionate effort to be successful with a commitment to be fair, honest, and respectful, and honor the rules of the game
- The six pillars of character (trustworthiness, respect, responsibility, fairness, caring, and good citizenship)
- A code of conduct for student-athletes, coaches, managers, parents, fans, and administrators

Promotion of a successful and positive experience for all includes but is not limited to:

- The assurance that student athletes are to think of themselves as students first and athletes second.
- Success is represented in many forms (improvement in team and individual performance, achievement of team and personal goals, etc.) and does not always equate to winning.
- Participation in student athletic activity with high standards of ethics, sportsmanship and good character is a significant part of the educational program.
Philosophy

Coaches are the teachers of the sport. Athletics are an extension of the classroom. It is said that children learn 10% when they hear an explanation, 20% when they see a demonstration, and 70% when they do repetition. We will teach the proper fundamentals and techniques using structured practices and continued reinforcement.

Sports take discipline, dedication, hard work and enthusiasm from players, coaches, family members and friends for the whole program to become successful.

Practices and Games

**Locker rooms will be locked at 3:15 PM daily.**
Athletes attending tutoring are to collect and or change into practice gear before going to tutoring. Athletes must provide a note from their tutoring teacher to the coach.

Players are expected to be at all practices and games. Players are expected to dress appropriately and with proper equipment. School dress code still applies. Athletes are not to use any electronics during practices or games (cell phones, iPods, etc.) Students may not leave campus between the end of school and practice. Paxon SAS and Coaches are not responsible for the athlete once they leave campus.

If an athlete cannot attend a practice or game due to tutoring, illness, injury, or family emergency, a player must notify the head coach or an assistant coach, in person, or by phone as soon as possible before the practice or game. Giving a message to a teammate is not acceptable. A player who can attend school but is unable to play due to an injury is still expected to attend a practice or game to observe, learn, and give support.

**Missed Practice** -
*1st Unexcused Absence - Player will not start*
*2nd Unexcused Absence - Player will sit out one game*
*3rd Unexcused Absence - Dismissal from the team*

Practice Times: Monday - Friday 3:15 - 5:30PM.

Parents do not try to conference with the coaches during practice. If you would like to discuss something with the coaching staff, please contact coach for an appointment.

Activity buses are in operation. Parents must pick up their children after practice at 5:30PM promptly. Please be on time.

**Home Games**

- Parents/Siblings are not allowed in the locker room before and/or after games.
- **Parents are not allowed on the field/bench/court. Please remain in the stands and let the coaches’ coach.**
- Parents are expected to help volunteer at the game. We need help with concessions, game clock, score keeping, etc...
- Players are to remain in team area. Team members are not allowed to leave the bench area or field without permission from a coach.
Conduct for Athletes, Students, Parents and Spectators for Home and Away Athletic Events

- Address everyone with respect; teammates, coaches, officials, parents, opponents, security, volunteers, etc.
- Do not talk to opponents or opponents supporters in a derogatory manner.
- Support and encourage your teammates and coaches (i.e. arguing, name calling or bickering.)
- Show good sportsmanship before, during, and after practices and games.
- Profanity will not be tolerated.

Failure to comply to the Sportsmanship Contract could possibly forfeit privilege to play or attend all athletic events for players and parents at Paxon School for Advanced Studies.

Remember, you represent Paxon School for Advanced Studies community. Always show good sportsmanship whether we win or lose.

Playing Time

There is no minimum playing rule in high school athletics. The coaches will decide playing time. There is NO parent discussion regarding playing time. The coaches see the athletes every day and they will make decisions based upon their performance in practice, in games, and as a student representing our team.

Injuries

The Athletic Trainer will be at most practices and games. If an athlete is injured and cannot practice they should be under supervised care (doctor, coach, trainer, etc...).

In the event of an injury remember the following:
- Report all injuries to your coach and athletic trainer as soon as possible.
- If under a doctor’s care, a doctor’s note must be given to the coach describing the injury and when you are cleared to play.

Uniforms

- All players will be given a uniform. After each contest, the athlete will turn in their uniform to their coach. The coach will hand out uniforms for the next contest.
- All players are responsible for the care and repair of uniforms and equipment. When uniforms and equipment are returned to the coach, they must be in good condition.
- Players are to notify the coach if there is a problem with the uniforms (size, rips, number, etc...)
- Numbers are assigned to players based upon sizes availability. The Head Coach makes that decision.
- Players are responsible for purchasing certain required equipment that your coach will discuss at parent/player meeting.
- Paxon SAS is not responsible for lost or stolen items.
Team Travel

- All players will ride to from the games on the team bus unless other arrangements are approved by the coach.
- Players **MUST** sign out including required paperwork with their coach if they will not ride the bus back after the game.
- Friends and relatives are not allowed to ride the bus.
- Athletes are not to transport other athletes to practices and games.
- Please pack all your gear and remember to take equipment that you are responsible to bring.

Team Rules, Policies and Consequences

Each Sport team will have a parent/player meeting at the beginning of the season. Coaches review valuable information regarding the sport’s rules and regulations and the season’s schedule. The expectation is that all team members and their parent/guardian attend these meetings.

Head Coaches reserve the right to suspend and or dismiss players from their team during the season.

Discipline referrals will be dealt with on an individual basis and may lead to dismissal from the team. For appeals process procedures first make an appointment with the head coach of that sport. If more assistance is needed, contact the Athletic Director’s office.

Team Awards

Team awards will be after each season and designated date and time will be determined by the head coach of that sport. The Paxon Eagle Athletic Booster Club provides all athletic team awards. If a child quits the team they are not eligible for awards.
Paxon School for Advanced Studies
Information Sheet

Student Name_________________________________________  Grade:____________________

Address:_________________________________________ Home Phone:____________________

Parent Name:_______________________ Work Phone:_____________ Cell Phone:__________
E-mail:_________________________________________

Parent Name:_______________________ Work Phone:_____________ Cell Phone:__________
E-mail:_________________________________________

Emergency Contact Name #1:______________________ Phone Number:__________________

Emergency Contact Name #2:______________________ Phone Number:__________________

Sports:  ________________        ___________________        ___________________
         Fall        Winter        Spring

Concerns: ____________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Class Schedule:

1A Period Teacher________________________  5B Period Teacher________________________
2A Period Teacher________________________  6B Period Teacher________________________
3A Period Teacher________________________  7B Period Teacher________________________
4A Period Teacher________________________  8B Period Teacher________________________

Please check the following areas of volunteering and help out your child’s Team.

_____ Team Mom

_____ Concession Stand, Ticket Sales

_____ Video Tape the Game, Clock Operator/Announcing/Score Keeper/Timer

_____ Booster Club Member

_____ Donations (equipment, water, etc.)
Paxon School for Advanced Studies Contract

Athlete’s Name: ________________________________

Note: All Athletes must return this form in order to participate in the Athletics Program at Paxon School for Advanced Studies.

I, ________________________________, have read each of the Policies and Procedures for the Paxon School for Advanced Studies Program. __________________________ has also read and understands these policies and procedure. S/he understands the consequences of the rules and will adhere to all Paxon SAS Rules and Procedures.

Signature of Parent/ Legal Guardian: __________________________ Date: ____________

Athlete’s Signature: ___________________________ Date: ____________

Team Member: ____________________________________

Sport

Media Release Agreement

As the parent or legal guardian of __________________________________________ I hereby authorize the recording, video filming, and/or photography of my child. Further, I agree to the use of my child’s name, likeness and achievement(s) for educational and other bona fide related, non-profit purposes, including marketing and promoting the Duval County Public Schools and/or Paxon School for Advanced Studies and consent to the display of such to any persons. I authorize the use of any recording, video film, and/or photographs, and/or any other such information in all media in perpetuity and without claim to compensation. I agree to release and hold harmless Paxon School for Advanced Studies and the Duval County Public Schools for the use of any such material.

Signature of Parent/ Legal Guardian: __________________________ Date: ____________