Wellness Policy Compliance Survey Results

Wellness Compliance Survey Responses

Healthy School Team

Who are the members of your Healthy School Team?

- School Administrator(s): 23%
- Classroom Teacher(s): 20%
- Physical Education Teacher: 20%
- School Health Professional: 9%
- Food Service Representative(s): 8%
- Parent(s): 8%
- Student(s): 7%
- Community Representative(s): 4%
- Other: 3%

Average

Healthy School Team meets the minimum required two (2) times each year.

Conducts an annual review of school practices to ensure they align with the Wellness Policy.

Provides input to the SIP goals for healthy environment, behaviors, and/or practices.

Ensures school is in compliance with food sales fundraising regulations.

29% In Development

44% Achieves

10% Exemplary

34% In Development

42% Achieves

37% In Development

41% Achieves

52% Achieves

20% Exceeds Expectations

11% Exemplary
### Nutrition Education

- Nutrition Education is implemented at all levels across the curriculum.
  - Average: 3.7
  - In Development: 34%
  - Achieves: 40%

- A food and allergy prevention and management plan is in place for staff and students.
  - Average: 4.2
  - In Development: 17%
  - Achieves: 51%
  - Exceeds Expectations: 20%
  - Exemplary: 11%

- Adheres to federal guidelines for school food service.
  - Average: 4.5
  - Achieves: 54%
  - Exceeds Expectations: 23%
  - Exemplary: 16%

### Nutrition Guidelines & Promotion

- A healthy environment is reinforced to encourage healthy eating.
  - Average: 4.0
  - In Development: 16%
  - Achieves: 51%
  - Exceeds Expectations: 20%

- Provides family and school community materials that positively influence healthy behaviors.
  - Average: 3.9
  - In Development: 30%
  - Achieves: 46%

- Posted nutrition messages are coordinated in the cafeteria and school community.
  - Average: 4.1
  - In Development: 18%
  - Achieves: 58%

- Provide parents with healthy snack ideas and/or lists of food alternatives for celebrations.
  - Average: 3.9
  - In Development: 44%
  - Achieves: 33%
Nutrition Environment, Competitive Foods & Fundraising

- **Schools will provide a safe, comfortable, pleasing environment and allow ample time and space for eating meals.**
  - Average: 4.6
  - 55% Achieves
  - 21% Exceeds Expectations
  - 20% Exemplary

- **Potable water is made available to all students and staff.**
  - Average: 4.4
  - 53% Achieves
  - 19% Exceeds Expectations
  - 18% Exemplary

- **Our school does not withhold food as a punishment.**
  - Average: 5.1
  - 32% Achieves
  - 50% Exemplary

- **Our school does not use food as a reward or incentive.**
  - Average: 3.9
  - 36% In Development
  - 34% Achieves

- **All food and beverages made available for sale on campus during the school day meet nutrition guidelines and requirements, including vending, concessions, student stores, and fundraising.**
  - Average: 4.7
  - 18% In Development
  - 49% Achieves
  - 16% Exemplary

- **Fundraising efforts promote only non-food items, foods that meet nutritional guidelines and/or healthy activities.**
  - Average: 3.8
  - 35% In Development
  - 45% Achieves
  - 8% Exemplary
### Health Education

- **All students receive the state mandated health education instruction.**
  - Average: 4.3
  - 57% Achieves
  - 16% Exemplary

- **Teachers utilize the district provided health education instructional materials, including the curriculum guides.**
  - Average: 4.2
  - 17% In Development
  - 53% Achieves
  - 11% Exemplary

- **Our school also implements school wide health education events that promote character development, social emotional learning, and community.**
  - Average: 4.1
  - 21% In Development
  - 50% Achieves
  - 18% Exceeds Expectations
  - 9% Exemplary

### Physical Education

- **All students receive the state mandated minutes of physical education.**
  - Average: 4.6
  - 53% Achieves
  - 23% Exceeds Expectations
  - 20% Exemplary

- **Teachers utilize the district provided physical education instructional materials, including the curriculum guides.**
  - Average: 4.7
  - 57% Achieves
  - 17% Exceeds Expectations
  - 17% Exemplary
Physical education classes have an appropriate teacher to student ratio that aligns with the Master Scheduling Guidelines.

Teacher Directed Physical Education (TDPE) is appropriately provided as required to assist in fulfillment of mandated PE minutes (Elementary Only).

Physical fitness assessments are conducted and reported annually with fidelity.

Our school has adequate equipment to provide quality physical education instruction that aligns with class size.

Our school follows state requirements and guidelines for waiver options as noted in the SPP and Policy Procedures Manual.

Physical Activity

Recess is provided to all elementary students for 20 minutes each day, as required by law.
Average 4.3
1 Achieves 6 Exemplary

Average 4.0
1 In Development 6 Achieves Exemplary

Average 4.3
1 Achieves 6 Exemplary

Average 3.4
1 Achieves 6 Exemplary

Employee Wellness

Our school has identified a wellness ambassador, communicated the name to district wellness, and he/she regularly attends district wellness meetings.

Our school has developed a Comprehensive School Physical Activity Program (CSPAP) that is overseen by the Healthy School Team.

Campus recreation or physical facilities are made available outside of the school day.

Recess is not withheld as a punishment.

Nutrition resources are provided to staff through the wellness ambassador.
<table>
<thead>
<tr>
<th>Description</th>
<th>In Development</th>
<th>Achieves</th>
<th>Exemplary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staff is informed and encouraged to participate in regular physical activity and related events.</td>
<td>15%</td>
<td>55%</td>
<td>9%</td>
</tr>
<tr>
<td>Appropriate referrals are made to staff regarding EAP, prevention and management programs, health screenings, and other wellness related topics.</td>
<td>1 Average 6</td>
<td>62%</td>
<td>8%</td>
</tr>
<tr>
<td>Monitoring, Compliance, and Modification of Wellness Policies</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Our school participates in a school-based, annual review of practices related to implementation of the Wellness Policy.</td>
<td>30% In Development</td>
<td>48% Achieves</td>
<td></td>
</tr>
<tr>
<td>The School administration team, Healthy School Team, and/or Leadership Team monitors compliance with the above mentioned policy practices.</td>
<td>28% In Development</td>
<td>51% Achieves</td>
<td></td>
</tr>
<tr>
<td>Upon annual review, modifications are made to areas needing improvement or growth.</td>
<td>33% In Development</td>
<td>46% Achieves</td>
<td></td>
</tr>
</tbody>
</table>