Wellness Policy Compliance Report 2020

Wellness Compliance Survey Responses

Healthy School Team

Who are the members of your Healthy School Team?

- Classroom Teacher(s)
- School Administrator(s)
- Physical Education Teacher
- Parent(s)
- Student(s)
- School Health Professional
- Food Service Representative(s)
- Community Representative(s)
- Other

Healthy School Team meets the minimum required two (2) times each year.

Conducts an annual review of school practices to ensure they align with the Wellness Policy.

Provides input to the SIP goals for healthy environment, behaviors, and/or practices.

Ensures school is in compliance with food sales fundraising regulations.

School Responses: 120
Nutrition Education

Nutrition Education is implemented at all levels across the curriculum.

3.8 Average

- Needs Improvement
- In Development
- Achieves
- Exceeds Expectations
- Exemplary

A food and allergy prevention and management plan is in place for staff and students.

4.3 Average

- Needs Improvement
- In Development
- Achieves
- Exceeds Expectations
- Exemplary

Adheres to federal guidelines for school food service.

4.6 Average

- Achieves
- Exceeds Expectations
- Exemplary

Nutrition Guidelines & Promotion

A healthy environment is reinforced to encourage healthy eating.

4.2 Average

- Needs Improvement
- In Development
- Achieves
- Exceeds Expectations
- Exemplary

Provides family and school community materials that positively influence nutrition.

4.1 Average

- Needs Improvement
- In Development
- Achieves
- Exceeds Expectations
- Exemplary

Posted nutrition messages are coordinated in the cafeteria and school.

4.1 Average

- Needs Improvement
- In Development
- Achieves
- Exceeds Expectations
- Exemplary

Provide parents with healthy snack ideas and/or lists of food alternatives for their children.

3.7 Average

- Needs Improvement
- In Development
- Achieves
- Exceeds Expectations
- Exemplary

Nutrition Environment, Competitive Foods &
Schools will provide a safe, comfortable, pleasing environment and allow ample time and space for eating.

Potable water is made available to all students and staff.

Our school does not withhold food as a punishment.

Our school does not use food as a reward or incentive.

All food and beverages made available for sale on campus during the school day meet nutrition guidelines and requirements, including vending, concessions, student stores.

Fundraising efforts promote only non-food items, foods that meet nutritional guidelines and/or healthy activities.

School and Classroom Celebrations
Does your school consider school and class celebrations to be one in the same?

- Yes: 56%
- No: 44%

Types of classroom celebrations:

- Holiday: 38%
- Other: 24%
- Awards: 21%
- Academic or Honor Roll: 19%
- Birthday: 14%
- Other: 5%

Types of school celebrations:

- Awards: 24%
- Parent Engagement Events: 22%
- Academic or Honor Roll: 19%
- Holiday: 13%
- Pep Rally: 13%
- Other: 7%

How many school celebrations do you allow each year?

- 2: 10
- 3: 8
- 4: 7
- 5: 7
- 6: 6
- 8: 5
- 10: 4
- 12: 3
- 15: 2
- 16: 2
- 20: 1
- 25: 1
- 30: 1

How many classroom celebrations do you allow each year?

- 0: 4
- 1: 7
- 2: 7
- 3: 5
- 4: 3
- 5: 1
- 6: 1
- 8: 3
- 10: 1
- 15: 1
- 20: 1

How many school/classroom celebrations do you allow each year?

- 0: 1
- 1: 9
- 2: 6
- 3: 5
- 4: 4
- 5: 3
- 6: 3
- 8: 2
- 10: 2
- 12: 2
- 15: 1
- 20: 1
- 21: 1
- 28: 1
- 30: 1
Health Education

All students receive the state mandated health education instruction.

Teachers utilize the district provided health education instructional materials, including the curriculum guides.

Our school also implements school wide health education events that promote character development, social emotional

Physical Education

All students receive the state mandated minutes of physical education.

Teachers utilize the district provided physical education instructional materials, including the curriculum guides.
Physical education classes have an appropriate teacher to student ratio that aligns with the Master Scheduling Guidelines.

Teacher Directed Physical Education (TDPE) is appropriately provided as required to assist in fulfillment of mandated PE

Physical fitness assessments are conducted and reported annually with fidelity.

Our school has adequate equipment to provide quality physical education instruction that aligns with class size.

Our school follows state requirements and guidelines for waiver options as noted in the SPP and Policy Procedures Manual.

Physical Activity
Recess is provided to all elementary students for 20 minutes each day, as required.

Recess is not withheld as a punishment.

Physical activity is integrated into the academic curriculum by classroom teachers (all grades).

Campus recreation or physical facilities are made available outside of the school day.

Our school has developed a Comprehensive School Physical Activity Program (CSPAP) that is overseen by the Healthy School Team.

Employee Wellness

Our school has identified a wellness ambassador, communicated the name to district wellness, and he/she regularly attends district meetings.
Nutrition resources are provided to staff through the wellness ambassador.

Staff is informed and encouraged to participate in regular physical activity and

Appropriate referrals are made to staff regarding EAP, prevention and management programs, health screenings, and other wellness related topics

### Monitoring, Compliance, and Modification of Wellness Policy

Our school participates in a school-based, annual review of practices related to implementation of the Wellness Policy.

The School administration team, Healthy School Team, and/or Leadership Team monitors compliance with the above mentioned policy practices.

Upon annual review, modifications are made to areas needing improvement or growth.