

PAXON



ATHLETICS

Player and Parent Handbook

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Paxon SAS Spirit Wear

At this time, Paxon sportswear can be purchased by specific sport teams. Please contact Head Coach of the sport.

Paxon SAS Letterman's Jacket

Paxon Letterman's jacket can be purchased online from Neff Co. Please contact your Head Coach for more information.

Sport Schedules

The Paxon SAS school website, <https://dcps.duvalschools.org/psas>, provides parents and students with sports information to stay on top of the game! Spectators can access all of Paxon SAS sport schedules, dates, times, locations, directions, the opponent, and even score results.

Activity Bus Schedule

Activity Bus schedule is Monday through Thursday, including Early Release Wednesdays. The busses will depart from Paxon SAS bus loading zone at 5:45 PM. Activity Bus service is only on weekdays when school is in session. For questions regarding routes and times, please call DCPS Transportation **(904) 381-RIDE (7433)**.

Eligibility to Participate in Paxon Athletics

1. A Paxon SAS student must have a cumulative 2.0 grade point average on a 4.0 unweighted scale, or its equivalent, at the conclusion of each semester to be academically eligible during the next semester (s. 1006.15(3)(a)1, Florida Statutes)
2. Student-athletes must have all required form from FHSAA, DCPS and Paxon completed (See Athletic Forms for Eligibility).
3. **Athletes must make and/or update an account in the software called Athletic Clearance, www.athleticclearance.com . Once an account is created student-athletes and guardians need to upload, complete and sign the required forms. All forms can be found on Paxon SAS website under the Athletic tab, <https://dcps.duvalschools.org/psas> .**
4. All student-athletes must participate in the annual requirement of viewing and printing certificates of Concussion in Sports-What You Need to Know; Sudden Cardiac Arrest, and Heat-Related Illness Prevention at www.nfhdlearn.com. Certificates can be given to their coach at try-outs.
5. Student-athletes must be cleared of uniforms and equipment from the previous sport before participation in the next sport. Student-athletes must follow Paxon team rules and expectations and also remain free of disciplinary referrals. Repeated offenses and referrals will lead to dismissal from the team.
6. Student-athletes that quit or are removed from a team may not participate for another team until the previous sport season is over.
7. To remain eligible, student-athletes must maintain an unweighted 2.0 GPA and turn in progress reports to their coaches to keep them updated on their academic standing. Players who do not maintain eligibility will be dismissed from the team and will not receive any team awards. **Academics come first!**
8. Copy of Birth Certificate

Athletic Clearance Required Forms

1. EL2 - FHSAA Form (current, less than one calendar year)
2. Verification of Insurance – (DCPS form)
3. EL3 - FHSAA Consent and Release from Liability Certificate
4. 3 Video certificates (Concussion, Heat Illness and Sudden Cardiac) from www.nfhslearn.com
5. GA4 - Affidavit of Compliance with Policy on Athletic Recruiting & EL6 - Notice of Transfer (A student who changes attendance to your school at any time during his/her high school career after having begun the 9th grade in another school, regardless of whether the change occurs during the school year or during the summer period between school years.)
6. Field Trip Release form (Player Parent Handbook)
7. High School Sportsmanship Contract Player Parent Handbook)
8. Paxon Media Release and Player/Parent Handbook Contract (Player Parent Handbook)

Goals of Paxon SAS Athletic program focus on:

- ✓ Development of the student athlete
 - ✓ Sportsmanship
- ✓ Promotion of a successful and positive experience for all

Mission Statement

Paxon School for Advanced Studies Athletics is a developmental program that promotes the academic, physical, psychological and social growth of the student athlete.

Priorities

We all want to be successful. Success should not be based on just wins or losses, but on the entire program. Our players should be successful in all academic, athletic, and social matters.

Development of the student-athlete includes but is not limited to the following:

1. Academic- maintaining high educational and behavioral standards in the school community they represent.
2. Physical- learning sport skills, improving physical conditioning, developing good health habits, and avoiding injuries
3. Psychological- learning to control their emotions and developing feelings of self-worth
4. Social- learning cooperation in a competitive context and appropriate standards of behavior

Sportsmanship includes but is not limited to:

- A passionate effort to be successful with a commitment to be fair, honest, and respectful, and honor the rules of the game
- The six pillars of character (trustworthiness, respect, responsibility, fairness, caring, and good citizenship)
- A code of conduct for student-athletes, coaches, managers, parents, fans, and administrators

Promotion of a successful and positive experience for all includes but is not limited to:

- The assurance that student athletes are to think of themselves as students first and athletes second.
- Success is represented in many forms (improvement in team and individual performance, achievement of team and personal goals, etc.) and does not always equate to winning.
- Participation in student athletic activity with high standards of ethics, sportsmanship and good character is a significant part of the educational program.

Philosophy

Coaches are the teachers of the sport. Athletics are an extension of the classroom. It is said that children learn 10% when they hear an explanation, 20% when they see a demonstration, and 70% when they do repetition. We will teach the proper fundamentals and techniques using structured practices and continued reinforcement.

Sports take discipline, dedication, hard work and enthusiasm from players, coaches, family members and friends for the whole program to become successful.

Try-Outs

Try-outs dates and times are decided by the head coach of the sport with accordance of the FHSAA and DCPS rules and policies. Only Paxon students who are eligible (see Eligibility) can participate in a sport try-out. Coaches decide the membership of their sport team. Students are expected to dress appropriately and with proper equipment to participate in try-outs.

Practices and Games

Practice Times: Monday - Friday 3:15 - 5:30PM. **Locker rooms will be locked at 3:10 PM daily.** Activity buses are in operation Monday through Thursday. Parents must pick up their children after practice at **5:30 PM promptly. Please be on time to avoid a late fee pick up from practices and games.**

Players are expected to be at all practices and games. Players are expected to dress appropriately and with proper equipment. School dress code still applies. Student-athletes are representing themselves, the school, and are expected to be neat and clean in their appearance. The expectation is that student-athletes wear Paxon shirt/attire to practices, contests, and clinics. Athletes are not to use any electronics during practices or games (cell phones, iPods, etc.)

Students may not leave campus between the end of school day and start of practice. Paxon SAS and Coaches are not responsible for the athlete once they leave campus.

If an athlete cannot attend a practice or game due to tutoring, illness, injury, or family emergency, a player must notify the head coach or an assistant coach, in person, or by email/phone as soon as possible before the practice or game. Giving a message to a teammate is not acceptable. A player who can attend school but is unable to play due to an injury is still expected to attend a practice or game to observe, learn, and give support.

Tutoring, Club, Test Make ups:

Athletes must communicate with their coach when they miss or will arrive late to practice or games. Athletes attending tutoring are to collect all athletic attire and equipment from locker room before practice and games. Athletes must provide a note from their tutoring teacher to the coach upon return to practice.

Possible Outcomes for Missed Practices:

1st Unexcused Absence - Player will not start

2nd Unexcused Absence - Player will sit out one game

3rd Unexcused Absence - Dismissal from the team

Conferencing with Coaching Staff

Parents are not to conference with the coaches during practice, before games and/or after games. If you would like to discuss something with the coaching staff, please contact coach for an appointment.

Coach Conference Protocol:

- Step 1: Schedule appointment with the coaching staff
- Step 2: Schedule appointment with the coaching staff and the Athletic Director
- Step 3: Schedule appointment with the coaching staff, the Athletic Director, and the Principal

Playing Time

There is no minimum playing rule in high school athletics. The coaches will decide playing time. There is no parent discussion regarding playing time. The coaches see the athletes every day and they will make decisions based upon their performance in practice, in games, and as a student representing our team.

Home Games

- Parents/Siblings are not allowed in the locker room before and/or after games.
- **Parents are not allowed on the field/bench/court. Please remain in the stands and let the coaches' coach.**
- Parents are expected to help volunteer at the games. We need help with concessions, game clock, score keeping, etc... Communicate with coaches which areas that you can volunteer.
- Players are to remain in team area. Team members are not allowed to leave the bench area or field without permission from a coach.

Conduct for Athletes, Students, Parents and Spectators

- Address everyone with respect; teammates, coaches, officials, parents, opponents, security, volunteers, etc. including social media outlets
- Do not talk to opponents or opponents' supporters in a derogatory manner.
- Support and encourage your teammates and coaches (i.e. arguing, name calling or bickering.)
- Show good sportsmanship before, during, and after practices and games. Remember, you represent Paxon School for Advanced Studies community. Always show good sportsmanship whether we win or lose.
- **Profanity will not be tolerated.**

Failure to comply to the Sportsmanship Contract could possibly forfeit privilege to play or attend all athletic events for players and parents at Paxon School for Advanced Studies.

Athletic Trainer

Paxon SAS has two Athletic Trainers. Project 17, sponsored by Jacksonville, Sport Medicine Program, supplies Paxon with an Athletic Trainer. Paxon SAS business partner, Jacksonville Orthopaedic Institute, also provides a 20 hour a week, part time, athletic trainer. Paxon SAS Athletic Program has many events a day, the Athletic Trainers makes every effort to cover all events.

The Athletic Trainers responsibilities include

- practices and home games
- report of injuries to coaches, and Athletic Director
- communication with athletes, coaches, parents, medical personal, and Athletic Director
- concussion testing
- concussion protocol for return to play
- assessing injuries
- taping/preparing athletes

Injuries

The Athletic Trainer will be at most practices and games. If an athlete is injured and cannot practice they should be under supervised care (doctor, coach, trainer, etc...).

In the event of an injury remember the following:

- Report all injuries, hospitalizations, and doctor's visits to your coach and athletic trainer as soon as possible.
- If under a doctor's care, a doctor's note must be given to the head coach describing the injury and duration of injury. A doctor's clearance note is needed to be released to participate in the sport.

Uniforms

- All team players will be given a uniform. Only the official school uniform will be worn the by team member and the team member will only wear the Paxon official school uniform.
- **After each contest, the athlete will turn in their uniform to their coach.** The coach will hand out uniforms for the next contest.
- All players are responsible for the care and repair of uniforms and equipment. If a uniform is not returned in original condition to coach, player is responsible for replacement/repair cost. When uniforms and equipment are returned to the coach, they must be in good condition.
- Players responsibility to notify the coach if there is a problem with the uniforms (size, condition, number, etc...)
- Numbers are assigned to players based upon sizes and availability. The head coach makes that decision.
- Players are responsible for purchasing certain required equipment that your coach will discuss at parent/player meeting.
- Paxon SAS is not responsible for lost or stolen items.

Team Travel

- All players will ride to and from the contest on the team bus unless other arrangements are approved by the coach.
- Players **MUST** sign out including required paperwork with their coach if they will not ride the bus back after the contest.
- Friends and relatives are not allowed to ride the bus.
- Athletes are not to transport other athletes to practices and contests.
- Please pack all your gear and remember to take equipment that you are responsible to bring.

Team Rules, Policies and Consequences

Each Sport team will have a parent/player meeting at the beginning of the season. At each Sport team meeting, coaches review valuable information regarding the sport's rules and regulations, season's schedule, varsity letter policy and the team fundraiser. The expectation is that all teams will fundraise to support their Paxon SAS Athletic Program. All team members and their parent/guardian are to attend these meetings and sign contracts and media release.

Discipline referrals will be dealt with on an individual basis and may lead to dismissal from the team. Social Media posts can also result in suspensions and dismissal from team. For appeals process procedures, refer back to coach conference protocol. If more assistance is needed, contact the Athletic Director's office.

Head Coaches reserve the right to suspend and or dismiss team players from their team during the season.

Athletic Awards

The only athletic awards that an athlete may receive for school participation are the awards presented by the school, Gateway Conference, and the FHSAA. Team awards will be after each season. The head coach of each sport will determine the date and time of the team awards event.

The Varsity "P" is awarded to first year varsity team members as recommended by the coach and approved by the Athletic Director. All varsity athletes will receive a sport pin signifying the sport they participated. It is the responsibility of the student-athlete to get their letter or pin from the coaches. The Paxon Eagle Athletic Booster Club provides all athletic team awards. If a child quits or is removed from the team, they are not eligible for awards.

Senior Night

Senior Night is an event to acknowledge Senior players of a team. Senior night is not mandatory and has no effect on playing time. Varsity head coaches of the sport determine the date and details of the event.

College Signing/Recognition Day

The National Signing Day is the first Wednesday of February. Paxon student-athletes are to communicate with their team coach and provide their National Letter of Intent if they would like to participate. For those students that sign before or later need to communicate with their head coaches. The coaches will assist in setting up a location for the event. Paxon Eagles Booster Club will host a signing/recognition day during the month of April if applicable.

Paxon School for Advanced Studies Information Sheet

Student Name _____ *Grade:* _____

Address: _____ *Home Phone:* _____

Parent Name: _____ *Work Phone:* _____ *Cell Phone:* _____

E-mail: _____

Parent Name: _____ *Work Phone:* _____ *Cell Phone:* _____

E-mail: _____

Emergency Contact Name #1: _____ *Phone Number:* _____

Emergency Contact Name #2: _____ *Phone Number:* _____

Sports: _____ *Fall* _____ *Winter* _____ *Spring* _____

Paxon Eagle Athletic Booster Club member? Yes or No _____ *Type of Membership:* _____

Concerns: _____

Class Schedule:

1A Period Teacher _____ *5B Period Teacher* _____

2A Period Teacher _____ *6B Period Teacher* _____

3A Period Teacher _____ *7B Period Teacher* _____

4A Period Teacher _____ *8B Period Teacher* _____

Please check the following areas of volunteering and help out your child's Team.

_____ *Team Mom*

_____ *Concession Stand, Ticket Sales*

_____ *Video Tape the Game, Clock Operator/Announcing/Score Keeper/Timer*

_____ *Donations (equipment, water, etc.)*

Paxon School for Advanced Studies Contract

Athlete's Name: _____

Note: All Athletes must return this form in order to participate in the Athletics Program at Paxon School for Advanced Studies .

*I, _____, have read each of the Policies and Procedures for the
(Parent/Guardian)*

*Paxon School for Advanced Studies Program. _____ has also read
(Student Athlete)*

and understands these policies and procedure. S/he understands the consequences of the rules and will adhere to all Paxon SAS Rules and Procedures.

Signature of Parent/ Legal Guardian: _____ *Date:* _____

Athlete's Signature: _____ *Date:* _____

Team Member: _____
Sport

Media Release Agreement

As the parent or legal guardian of _____ I hereby authorize the recording, video filming, and/or photography of my child. Further, I agree to the use of my child's name, likeness and achievement(s) for educational and other bona fide related, non-profit purposes, including marketing and promoting the Duval County Public Schools and/or Paxon School for Advanced Studies and consent to the display of such to any persons. I authorize the use of any recording, video film, and/or photographs, and/or any other such information in all media in perpetuity and without claim to compensation. I agree to release and hold harmless Paxon School for Advanced Studies and the Duval County Public Schools for the use of any such material.

Signature of Parent/ Legal Guardian: _____ *Date:* _____