



9-12 First Aid and Safety

Dear Parent/Guardian:

Florida law requires the teaching of Comprehensive Health Education in grades K-12. In accordance with Florida Statutes and the Duval County Public School Board policy, parents may exempt their child from lessons pertaining to reproductive health and disease education, including HIV/AIDS and STDs (human immunodeficiency virus/acquired immunodeficiency syndrome and sexually transmitted diseases).

(_____ High School) will be teaching lessons aimed at providing students with information and skills to help them make healthy and responsible choices. Student standards mastery will include:

- Demonstrating the ability to use goal-setting skills to enhance health
 - Evaluating personal health practices and overall health status to include all dimensions of health
- Comprehending concepts related to health promotion and disease prevention to enhance health
 - Proposing strategies to reduce or prevent injuries and health problems
 - Assessing the degree of susceptibility to injury, illness, or death if engaging in unhealthy/risky behaviors
- Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors
 - Comparing how peers influence healthy and unhealthy behaviors
 - Evaluating how public health policies and government regulations can influence health promotion and disease prevention
- Demonstrating the ability to advocate for individual, peer, school, family, and community health
 - Analyzing the role of individual responsibility in enhancing health
- Demonstrating the ability to advocate for individual, peer, school, family, and community health
 - Demonstrating how to influence and support others in making positive health choices
 - Utilizing current, accurate data/information to formulate a health-enhancing message

Materials used with these lessons, will be available for you to preview after (Date) in (Place) . If you do **NOT** want your child to receive this instruction, you must write a letter to the school principal requesting that your child be excused from these lessons. Alternate learning will take place for a student excused from said lesson(s) pertinent to health education content, exclusive of content which the student is exempted from taking. If you have any questions, please call (School Phone Number, asking for your child's Teacher or a School Designee).

Parental/guardian involvement is a very important component when covering these topics. Such involvement can help make the information, skills and strategies more personal and meaningful to the child. These lessons encourage parent/guardian-child dialogue to provide an opportunity for discussion of the family's values and beliefs. The dialogue can be a catalyst to enhance overall parent/guardian-child communication.

Sincerely,

(Principal's Name & Signature)

(Health Education Teacher's Name/Signature)

(Health Education Teacher's Name/Signature)