



Mechanical Soft Summer Lunch

Student Price: FREE

July 01 – July 26



07/01	07/02	07/03	07/04	07/05
Baked Fish Sticks & Dinner Roll	Italian Turkey Meatball Sub	Cheeseburger	Site Closed - Holiday	BBQ Beef with Biscuit
Seasoned Peas	Seasoned Broccoli	BBQ Beans		Seasoned Green Beans
Chilled Peaches	Chilled Mixed Fruit	Chilled Applesauce		Chilled Strawberries
Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice		Assorted 100% Juice
Choice of Milk	Choice of Milk	Choice of Milk		Choice of Milk

07/08	07/09	07/10	07/11	07/12
Italian Pasta Bake	Cheesy Chicken Taco	Chicken Ranch Pasta	Chicken Nuggets with Honey Mustard & Dinner Roll	Hamburger
Glazed Carrots	Southwest Red Beans	Seasoned Green Beans	Seasoned Peas	Seasoned Broccoli
Chilled Pears	Tropical Mixed Fruit	Chilled Peaches	Fresh Banana	Chilled Applesauce
Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

07/15	07/16	07/17	07/18	07/19
Spaghetti & Turkey Meatballs	Baked Fish Sticks & Dinner Roll	Breakfast for Lunch: Chicken & Waffle	Macaroni & Cheese	BBQ Chicken with Biscuit
Seasoned Green Beans	Vegetarian Beans	Baked Sweet Potatoes	Seasoned Broccoli	Glazed Carrots
Chilled Strawberries	Chilled Mandarin Oranges	Chilled Pears	Tropical Mixed Fruit	Chilled Peaches
Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

07/22	07/23	07/24	07/25	07/26
Hamburger	Cheesy Beef Taco	Strawberry Parfait with Honey Graham Crackers	Sweet & Sour Chicken with Noodles	Crispy Chicken Sandwich
Seasoned Peas	Southwest Red Beans	Glazed Carrots	Seasoned Green Beans	Seasoned Broccoli
Chilled Mixed Fruit	Chilled Applesauce	Chilled Peaches	Fresh Banana	Chilled Mandarin Oranges
Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

Vegetarian

Local

Scratch Made

Clean Label

Go to duvalschools.nutrislice.com to learn more about these menu item designations.



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A complete lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), choice of fruit and vegetable side dishes, and a choice of milk. A complete lunch must include a minimum of three food components. Milk choices include 1% white, fat free chocolate, and fat free strawberry. This institution is an equal opportunity provider.